Practical Applications of Wearable EEG

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Outline

- Challenges in Real-World EEG
- Sample applications of wearable EEG

Challenges in Real-World Neuroimaging

- □ We lack new sensors and technologies to measure high-quality *neural, physiological, behavioral, and contextual* data in real-world environments.
- We need advanced signal-processing and machinelearning algorithms to jointly analyze multi-modal data.

Setting up an EEG Experiment is Laborious and Time-consuming

Non-prep EEG Sensors and Systems



Dry and non-prep EEG sensors



Wearable EEG Headgears



Cognionics High-density (64-chan) EEG Cap











Wireless EEG Systems on the Market



He et al., under review.

ERP in a Well-controlled Laboratory

Laboratory Research EEG data at Fz 30 0 µ\ 30 Typical EEG experiment 400 600 ms Average ERP -7 u ERP peak



Zhimin Lin, et al., PLoS ONE, 2017.



Mobile Brain/Body Imaging (MoBI)

Laboratory Research

Real-world Neuroimaging



Makeig, et al., Int'l Journal of Physiology, 2009

Challenges in Real-World Neuroimaging

New sensors and technologies to measure highquality *neural, physiological, behavioral, and contextual* data in real-world environments.

□ Advanced signal-processing and machine-learning algorithms to jointly analyze multi-modal data.

Difficulties in Observing Distributed EEG dynamics



Scalp EEG signals appear to be noisy because they are a mixture of signals generated in many brain areas.



Independent Component Analysis



Car Kit Demonstration March 8, 2005

O VOICE

Courtesy of SoftMax, Inc



μV

Off-line Analysis and Visualization of EEG Source Dynamics



Real-time Data Processing Pipeline



Mullen et al., Best Technical Poster of *International BCI Meeting*, Asilomar, CA, 2013. Mullen et al., *IEEE TBME*, 2015. UCSD Chancellor's Dissertation Award, 2015.

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Global BCI Market Research Report

- Silicon Valley Live (service number: guigumitanv), scientists at the Brain Science Center of Harvard University, and industry experts jointly published an analysis of the brain-computer interface industry in China and the United States in 2017. The article described the technical aspects of BCI, summarized the past, present and future of BCI, and discussed trends in the commercialization of BCIs.
- "硅谷 Live (服务号: guigumitanv) 联合哈佛大学脑科学 中心科学家及行业专家学者,共同打造中美首份脑机接口 行业分析长文,深度解构脑机接口领域技术路线,描绘脑 机接口商业化趋势及学科地图,预见前所未见。



Estimated BCI Markets



A Sample Multi-modal Neuroimaging Study in Science Learning

Hsiao-Ching She, Chih-Ping Liang, Li-Yu Huang, Wen-Chi Chou, Sheng-Chang Chen, Ming-Hua Chuang, Jiun-Yu Wu, Jie-Li Tsai, and Tzyy-Ping Jung

National Chiao Tung University and UC San Diego

- Chen, She, et al. (2014). Eye movements predict students' computer-based assessment performance of physics concepts in different modalities. *Computers & Education*, 74 (61-72).
- Tsai, She, et al., (2019). Eye fixation-related fronto-parietal neural network correlates of memory retrieval *International Journal of Psychophysiology*, 138 (57-70).
- Liang, She, et al. (2020). "Human Brain Dynamics Reflect the Correctness and Presentation Modality of Physics Concept Memory Retrieval." *Frontiers in Human Neuroscience* 14. 331.

Science Learning

Participants N = 63 (undergraduate students)

Experimental procedure



Chen, She, et al. *Computers & Education*, 74 (61-72), 2014. Tsai, She, et al., International Journal of Psychophysiology, 2019.

A Multi-modal Approach to Study Science Learning



Chen, She, et al. Computers & Education, 74 (61-72), 2014.

Fixation Durations Predicts Students' Performance

					95% CI
Covariate	Ba	SE	р	Low	555
Intercept	0.099	0.218	0.650	-0.3	Correct
First 1 fixation point	-0.023	0.053	0.668	-0.1	
First 2 fixation point	0.036	0.050	0.474	-0.0	
First 3 fixation point	0.021	0.044	0.631	-0.0	
First 4 fixation point	0.027	0.045	0.539	-0.0	
First 5 fixation point	0.116***	0.029	0.000	0.0(annunnun a

The odds of students' providing accurate responses ($e^{0.116} = 1.123$) increased by 12.3% for every 100 ms increase at the 5th fixation point.

Fixation-related Spectral Perturbations of the Frontal-midline Cluster



Tsai, She, et al., International Journal of Psychophysiology, 2019.

Multi-modal Neuroimaging: From Lab to Classroom

Li-Wei Ko, Oleksii Komarov, W. David Hairston, Tzyy-Ping Jung, Chin-Teng Lin

> National Chiao Tung University, UC San Diego US Army Research Lab

A Wearable Daily Sampling System (WDSS)

1. Objective measurements

The ReadiBand objectively measures sleep quality



2. Subjective measurements

Subjective estimates of fatigue and stress are logged on a smartphone

- Karolinska Sleepiness Scale (KSS, scale 1-9)
- Fatigue Visual Analog Scale (FVAS, scale 0-100)
- Pittsburgh Sleep Diary (PSD)
- Stress Visual Analog Scale (SVAS, scale 0-100)
- Depression Anxiety Stress Scales (DASS-21)



A Longitudinal Study of the Effects of Stress on Neurophysiology and Task Performance

- This pilot study has collected 197 sessions of EEG/behavioral data from 26 (18+8) students over two 20-week semesters.
- Students' resting EEG data were collected under the eyesopen condition for 5 minutes, followed by a DASS21 test before classes.



 Classroom stressors: examination (midterm & final), quiz, teacher asked subjects questions, teacher monitored the subjects to answer the exam.

Ko et. al., Frontiers in Human Neuroscience, 2017.

Correlations between Daily Sampling Measurements



Komarov, Ko, Jung, IEEE TNSRE, 2020.

Resting-state EEG spectral characteristics under stress

A. Depression



B. Anxiety



difference in resting-state spectral power between increased and normal level of anxiety by bands



C. Stress

-8 L

difference in resting-state spectral power between increased and normal level of stress by bands



Classroom Activity



Mental Fatigue in the Classroom

Spectral Differences (Inattentive - alert)



Ko et. al., Frontiers in Human Neuroscience, 2017.

Translating a BCI from Bench to Clinic

Masaki Nakanishi, Yu-Te Wang, Tzyy-Ping Jung, John K Zao, Yu-Yi Chien, Alberto Diniz-Filho, Fabio B Daga, Yuan-Pin Lin, Yijun Wang, Felipe A Medeiros

UC San Diego, Duke University, and nGoggle

Steady-state visual evoked potentials (SSVEP)

SSVEP are signals that are natural responses to visual stimulation at specific frequencies.



A High-Speed BCI Speller



High ITR ~ 325.33 ± 38.17 bits/min (75 letters/min) Nakanishi *et al., IEEE TNSRE*, 2018.

Glaucoma

- □ Glaucoma, once thought of as a single disease, is a broad term for a group of certain pattern damage to the optic nerve.
- □ Glaucoma is a leading cause of irreversible blindness.
- Vision loss can occur with normal or even below-normal intraocular pressure
- □ In 2020, about 80 million people have glaucoma worldwide.
- At least 50% of people with glaucoma do not know they are affected.





Source: United Nations

Assessing Visual-Field Deficits

Standard Automated Perimetry (SAP) for Glaucoma Diagnosis



Siamak Yousefi et al., IEEE TRANSACTIONS ON BIOMEDICAL ENGINEERING



Assessing Visual-Field Deficits



The smartphone renders mfSSVEP stimuli and measures EEG/EOG data from the on-board bio-amplifiers.

Results from mfSSVEP and Standard Perimetry of Glaucomatous and Health Eyes.



From Nakanishi et al., JAMA Ophthalmology, 2017.

A Comparison between SAP and BCI Perimetry

Standard Automated Perimetry (SAP)



BCI-based Visualfield Assessment



	Standard Perimetry	BCI Perimetry	
Equipment Cost	\$30,000 - \$50,000	\$500	
Operation Cost	\$100 / test	\$30 / month	
Test Procedures	Cumbersome: 30mins, Technicians	Simple: 10mins, DIY	
Test Sites	Hospitals / Clinics, Appointments	Home, Free schedules	
Test Frequency	Avg. once / 3–6 months	Avg. once / day	
Test Reliability	Subjective & few data points	Objective & many data points	

Well-controlled EEG Lab \rightarrow a VR+EEG HMD

Setup for a typical EEG experiment



Figure from Stober et al., ISMIR, 2015.

Figure from Nakanishi et al., JAMA Ophthalmology, 2017.

Advantages:

- Integrate and synchronize visual/auditory stimulations and bio-signal collection.
- Miniaturized System-on-Modular for data collection, real-time signal processing and • machine-learning classification
- Easy to set a standard operating procedure (SOP) and automation ٠
- Cost-efficiency, portability, and scalability •

Summary

- Challenges in Real-World EEG
 - New sensors and technologies to measure highquality neural, physiological, behavioral, and contextual data in real-world environments.
 - Advanced signal-processing and machine-learning algorithms to jointly analyze multi-modal data.
- Sample applications of wearable EEG
 - Multi-modal approach to study science of learning
 - Multi-modal Neuroimaging from Lab to Classroom
 - Translate a Brain-Computer Interface from bench to clinic

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