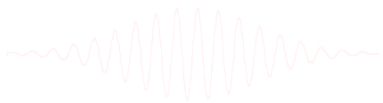


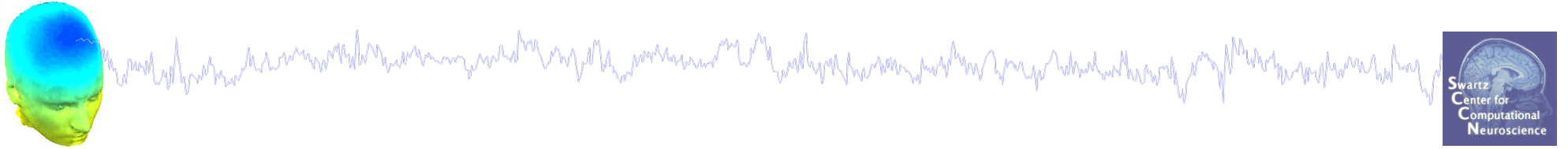
# Time-frequency decomposition

## Theory and Practice

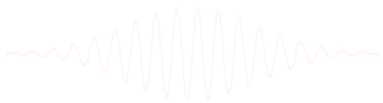
EEGLAB Workshop XXI  
Santa Margherita Ligure, Italy  
Day 1





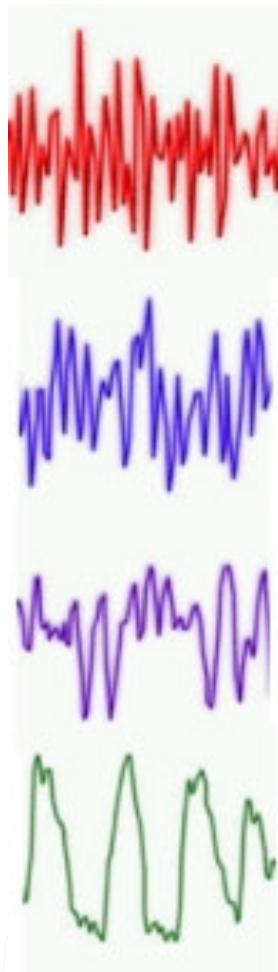


- Signals – EEG
- Goals
  - Describe dynamic characteristics of brain activity
  - Describe relation between different regions of brain
- Approaches
  - Time domain
  - Frequency domain
  - Time/Frequency





# Different meanings traditionally given to different frequency bands



## Beta 15-30 Hz

Awake, normal alert consciousness

## Alpha 9-14 Hz

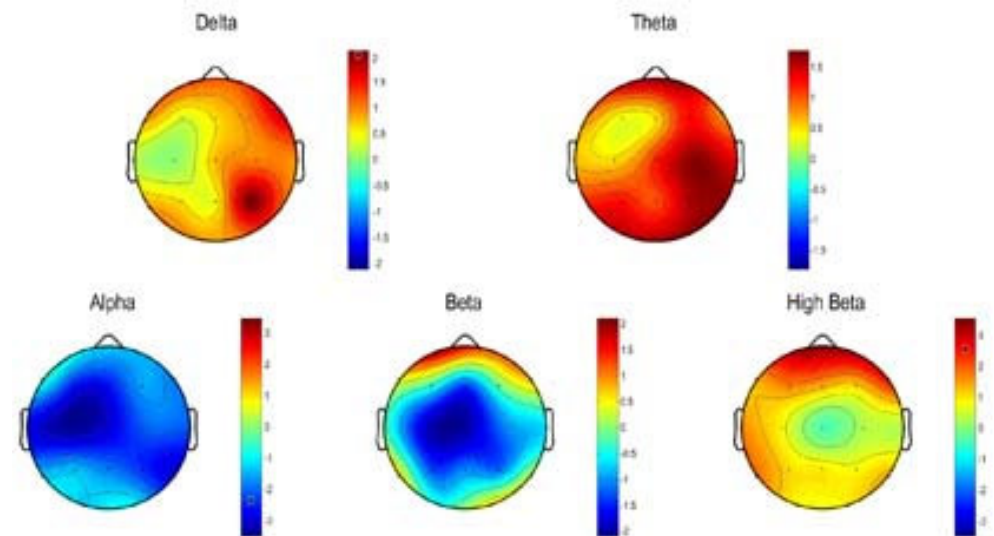
Relaxed, calm, meditation, creative visualisation

## Theta 4-8 Hz

Deep relaxation and meditation, problem solving

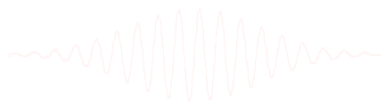
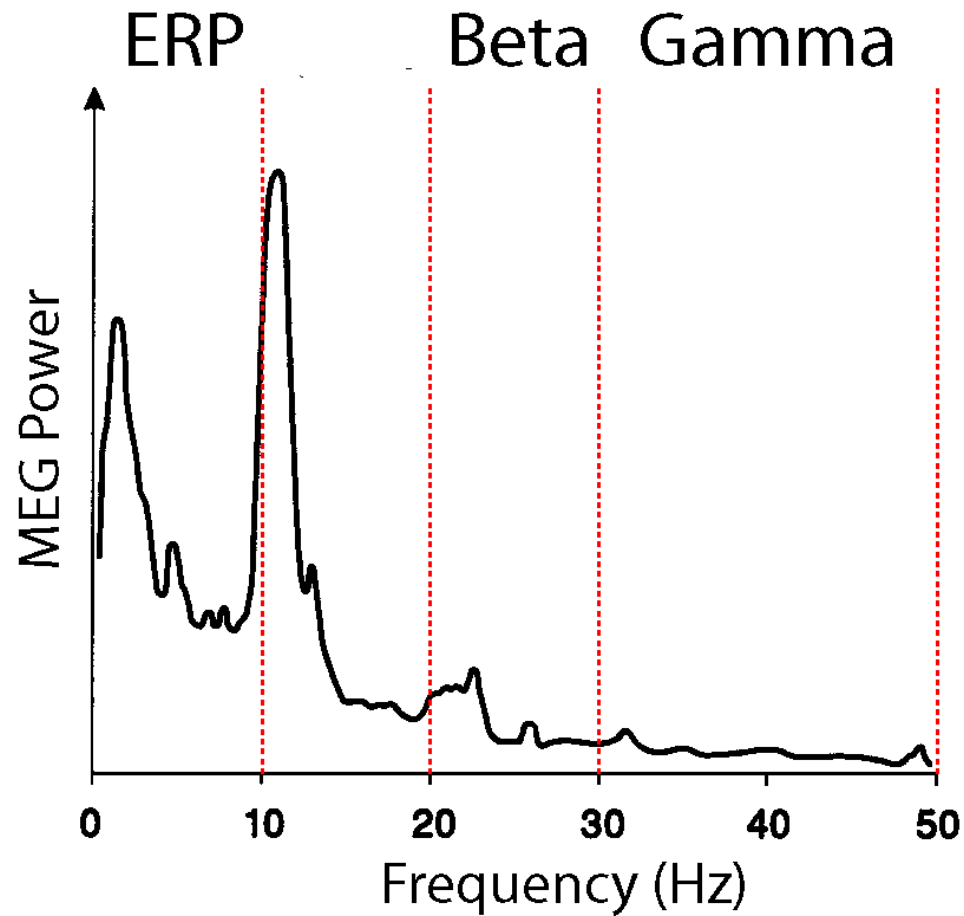
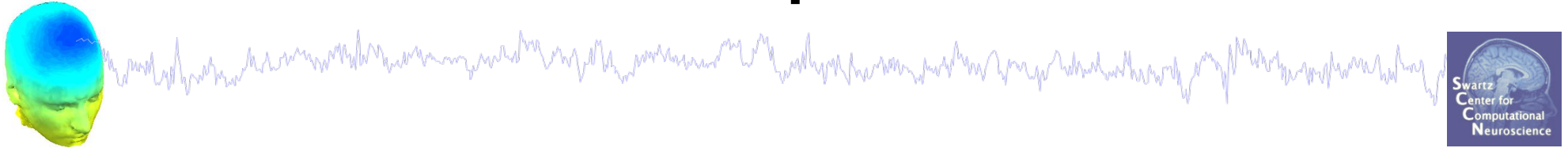
## Delta 1-3 Hz

Deep, dreamless sleep



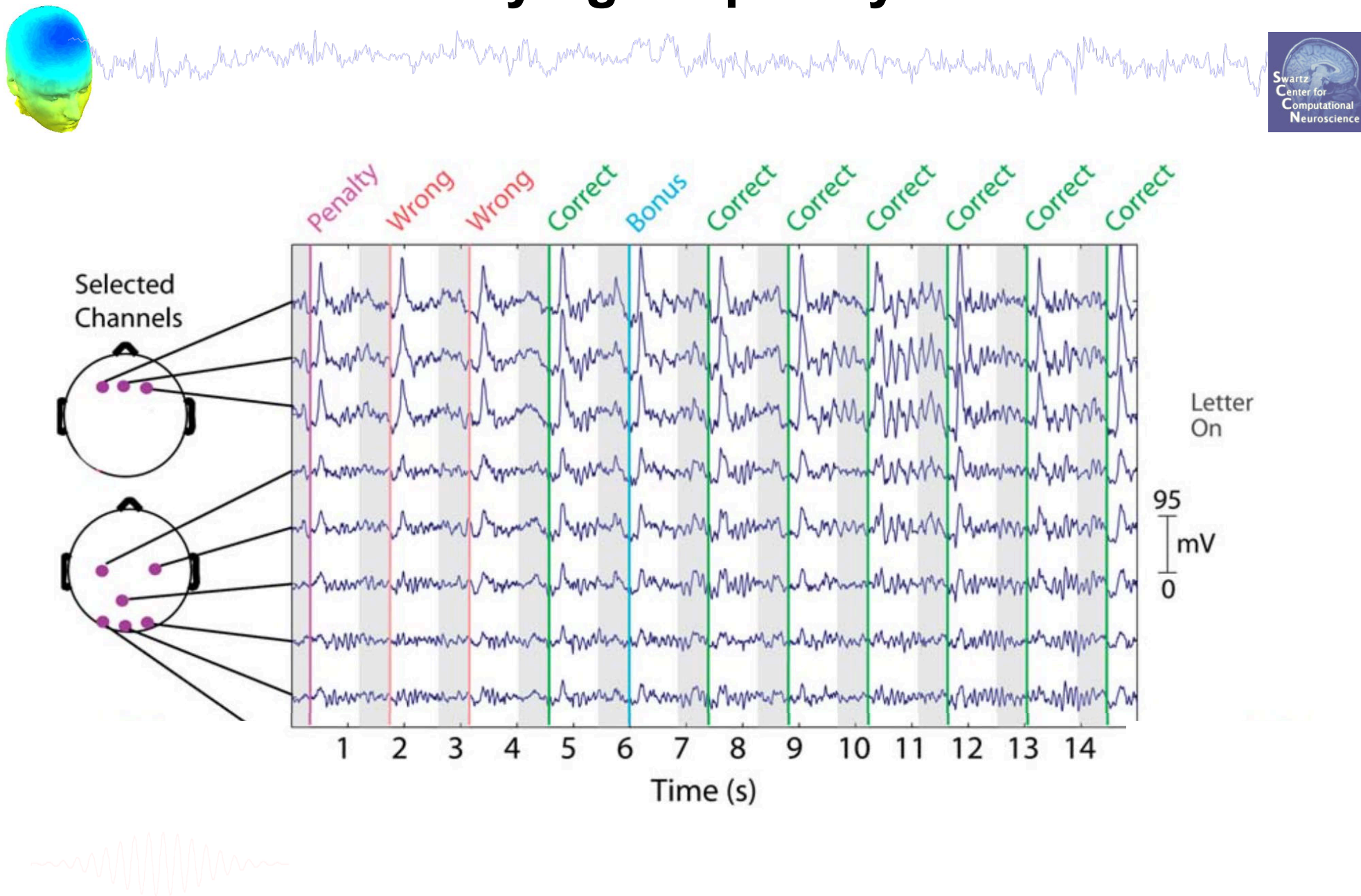


# MEEG spectrum



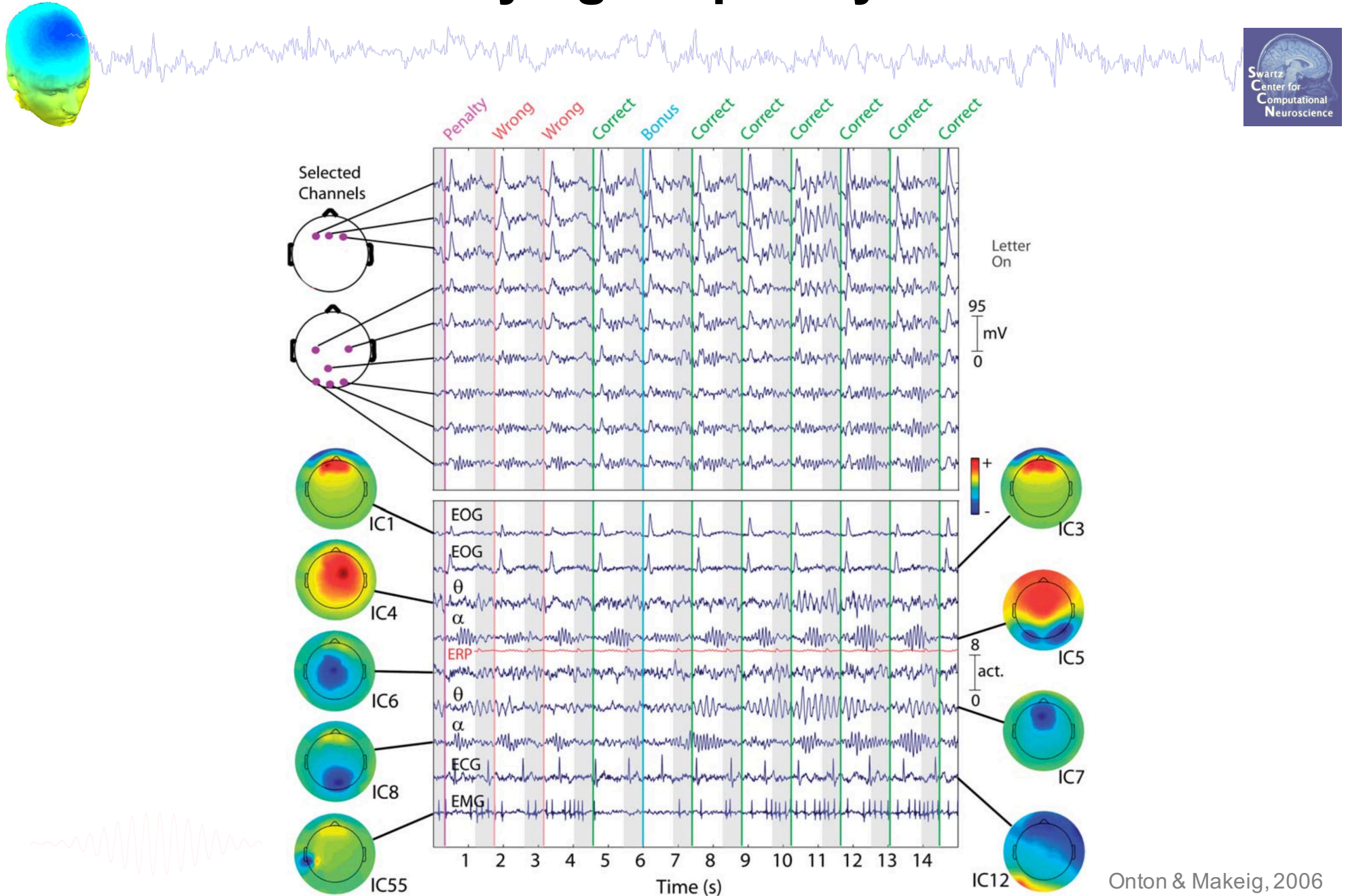


# Time varying frequency content



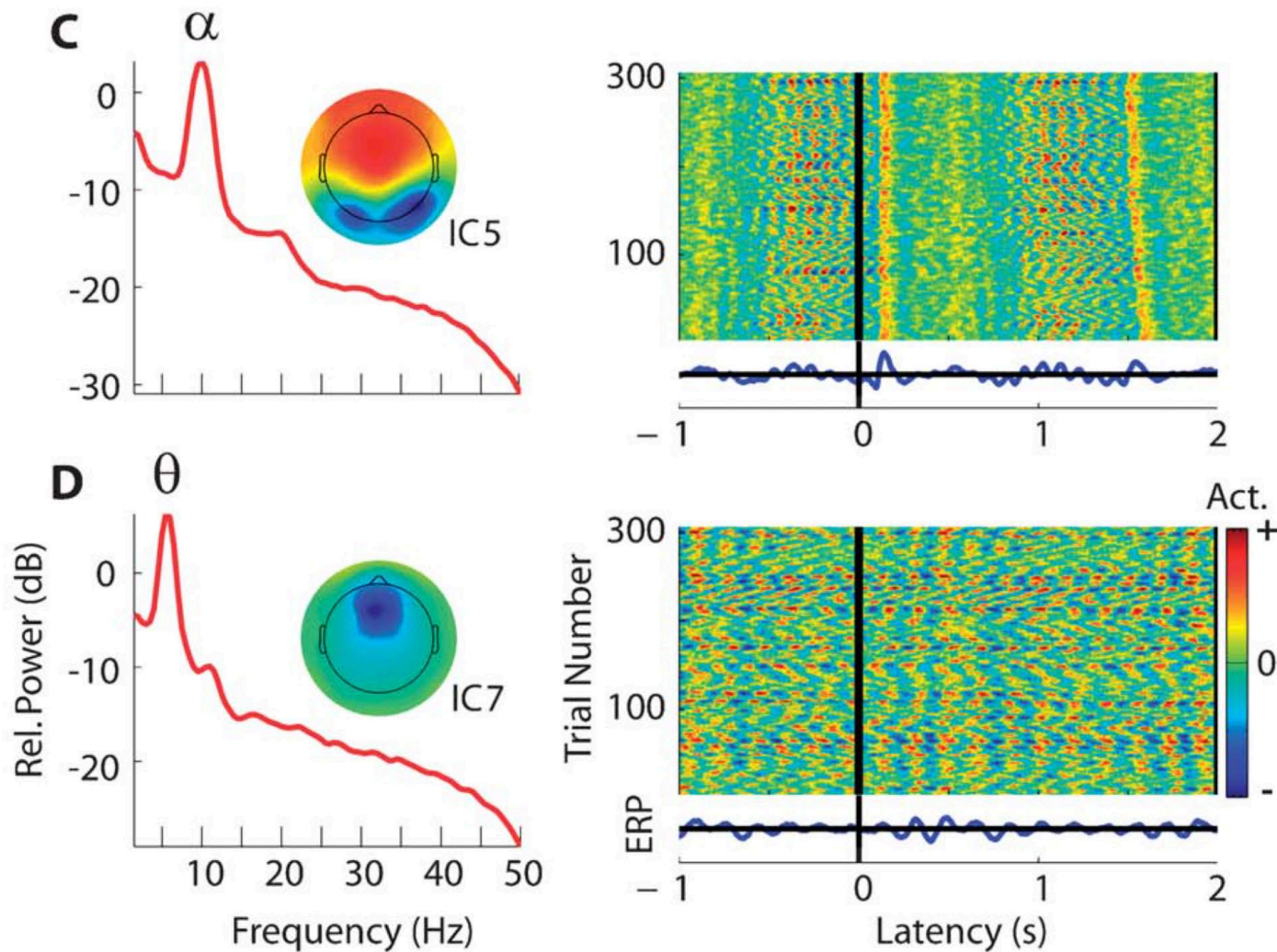
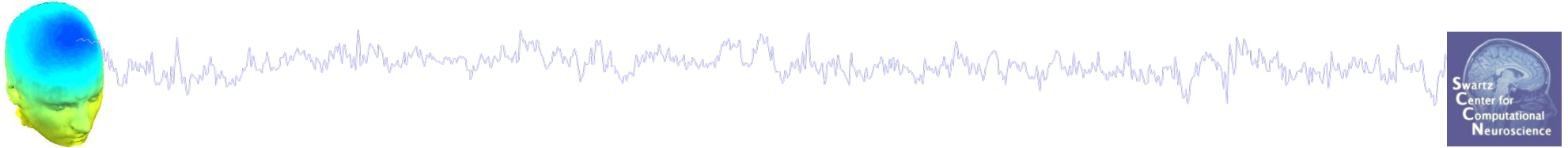


# Time-varying frequency content



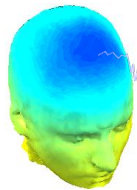


# Power Spectrum does not describe temporal variation

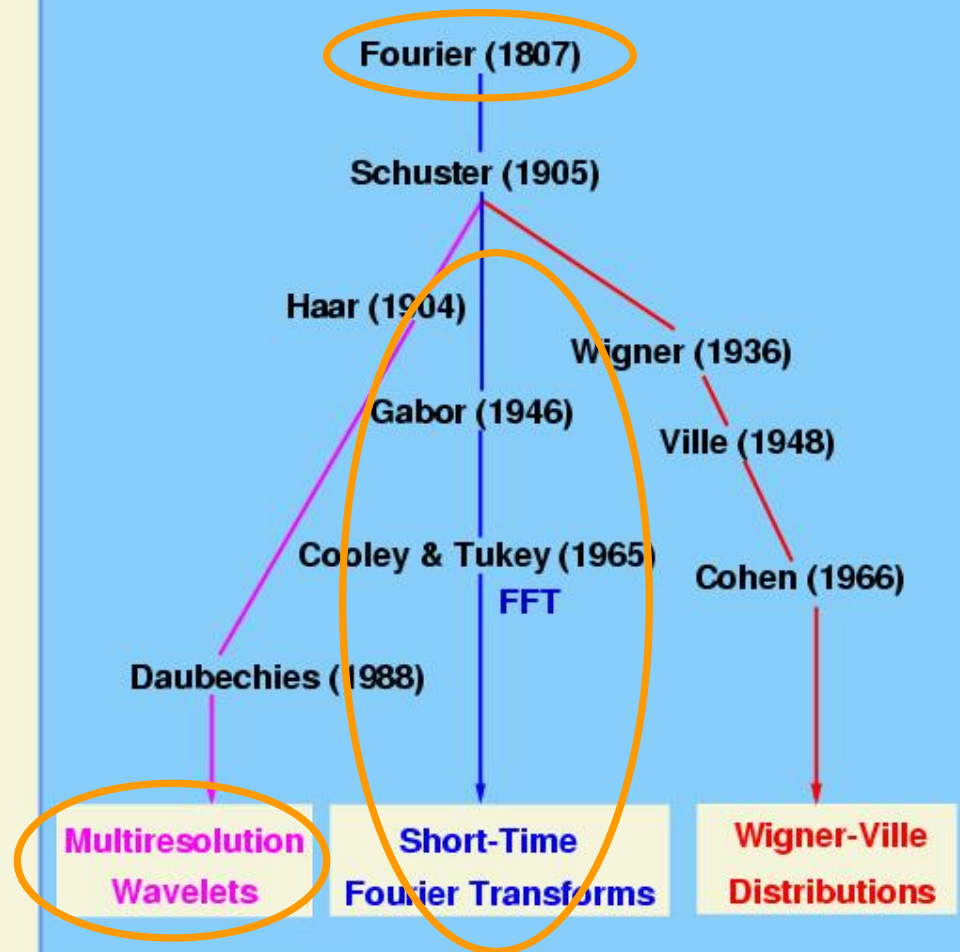


Onton & Makeig, 2006





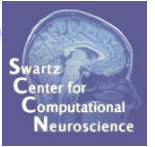
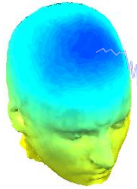
## Time-Frequency Analysis



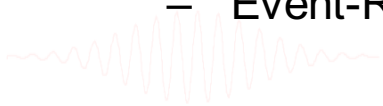
S. Makeig, 2005



# Plan

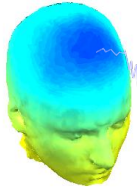


- **Part 1: Frequency Analysis**
  - Power Spectrum
    - Approaches
      - FFT
      - Welch's Method
    - Windowing
- **Part 2: Time-Frequency Analysis**
  - Short Time Fourier Transform
  - Wavelet Transform
  - ERSP
- **Part 3: Coherence Analysis**
  - Inter-Trial Coherence
  - Event-Related Coherence

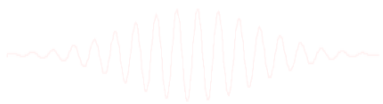




# Part 1: Frequency Analysis

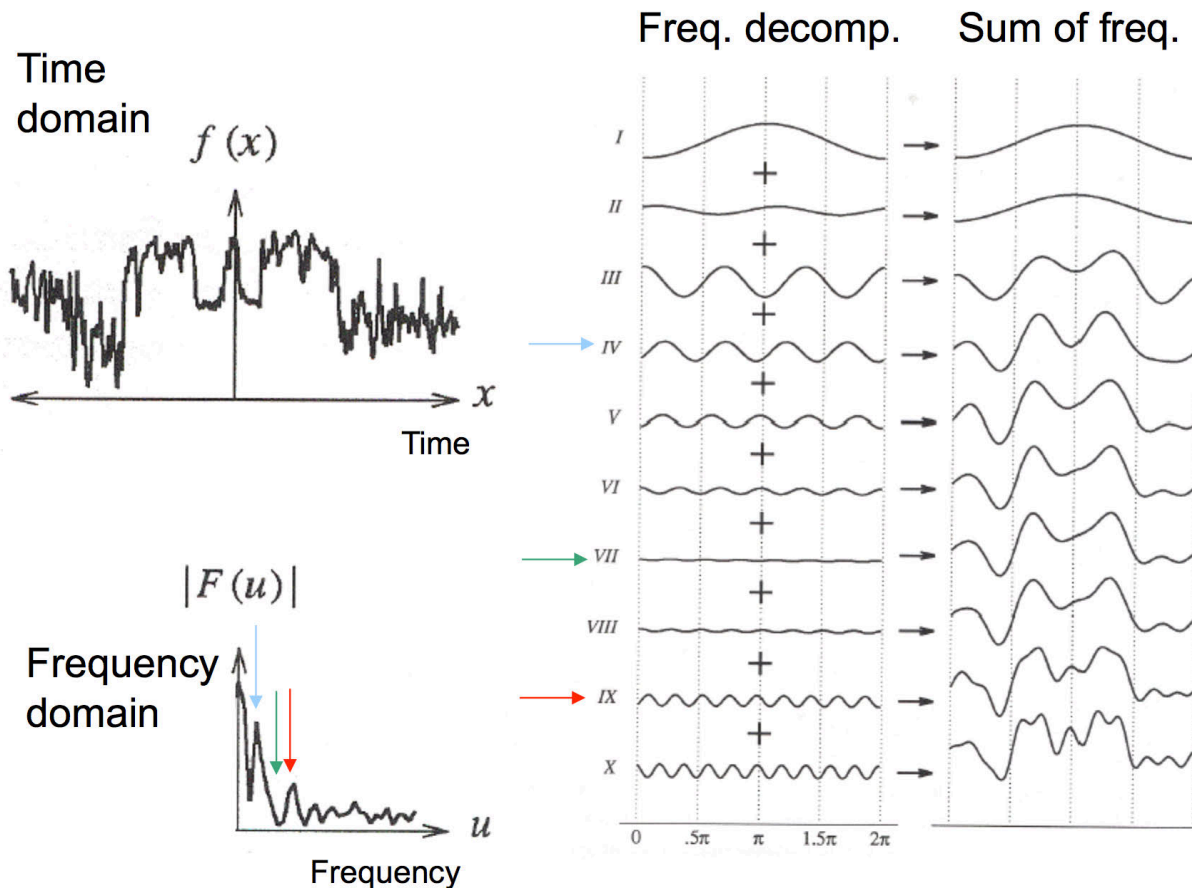
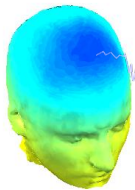


- Goal: What frequencies are present in signal?
- What is power at each frequency?
- Principle: Fourier Analysis





# Fourier Analysis



Forward transform

$$F(u) = \int_{-\infty}^{+\infty} f(x) e^{-2\pi i u x} dx$$

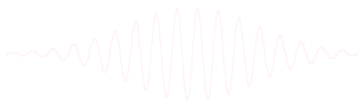
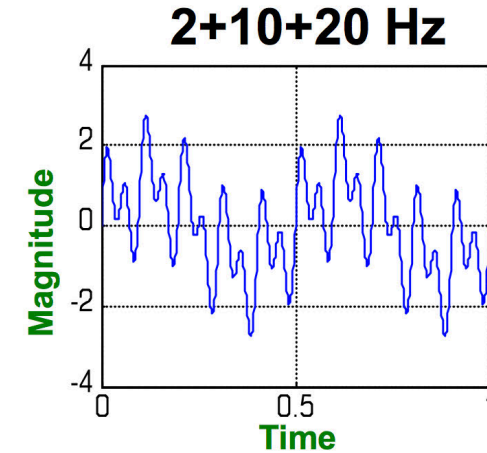
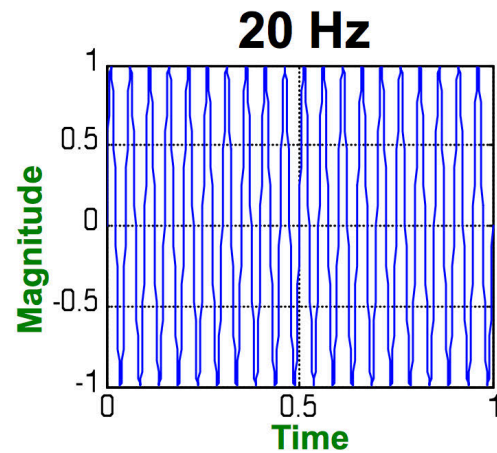
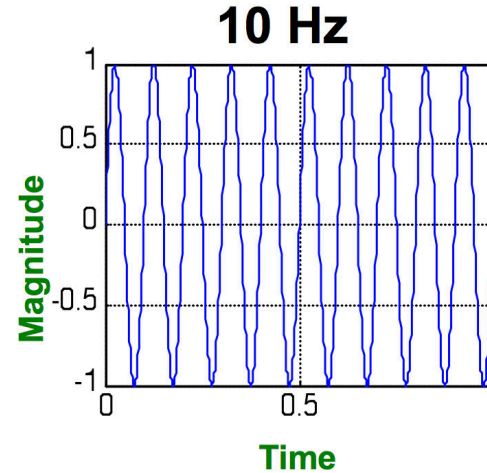
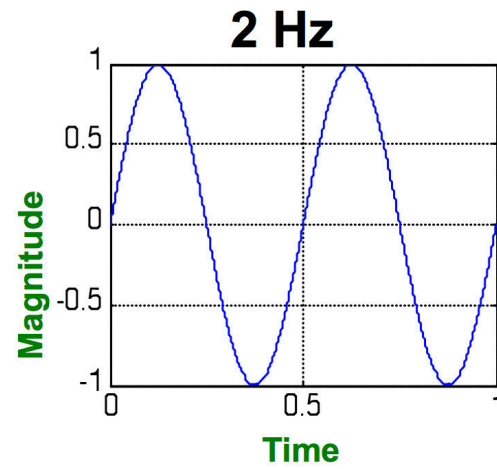
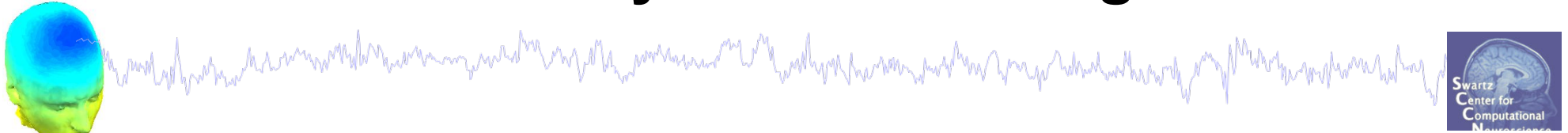
Inverse transform

$$f(x) = \int_{-\infty}^{+\infty} F(u) e^{2\pi i u x} du$$

Figure, courtesy of Ravi Ramamoorthi & Wolberg



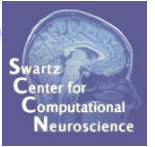
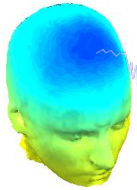
# “Stationary” sinusoidal signals



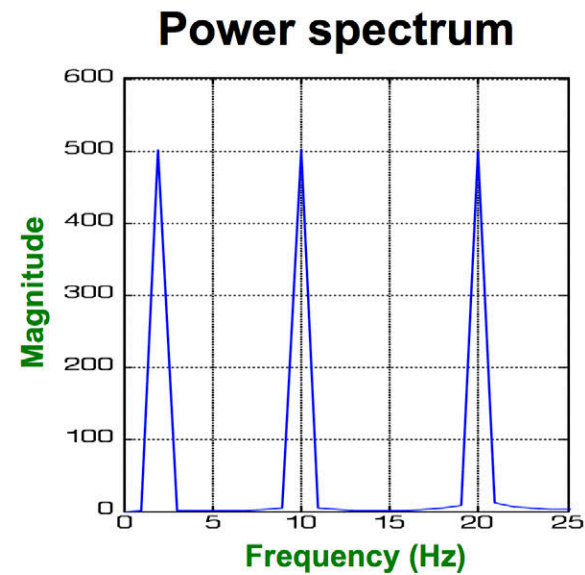
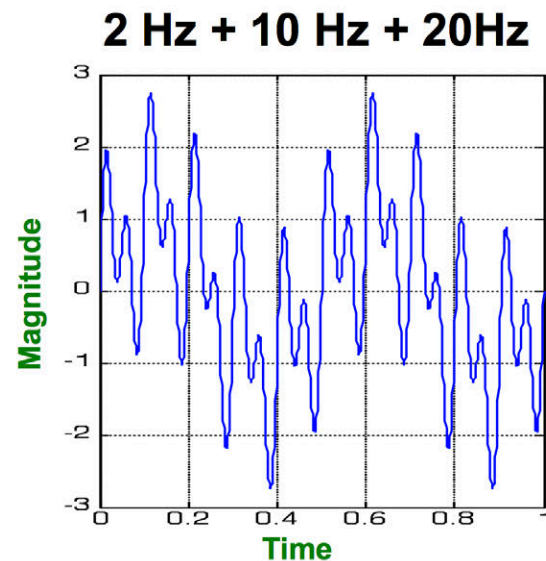
Slide courtesy of Petros Xanthopoulos, Univ. of Florida



# Simplest case of frequency analysis



**Stationary**



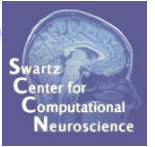
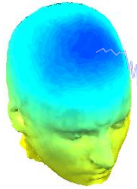
By looking at the Power spectrum of the signal we can recognize three frequency Components (at 2,10,20Hz respectively).



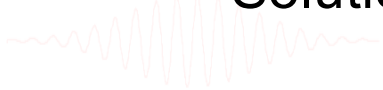
Slide courtesy of Petros Xanthopoulos, Univ. of Florida



# Power Spectrum. Approach 1: FFT

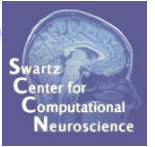
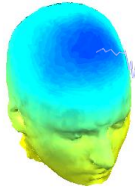


- Why not just take FFT of our signal of interest?
- Advantage – fine frequency resolution
  - $\Delta F = 1 / \text{signal duration (s)}$
  - E.g. 100s signal has 0.01 Hz resolution
  - But, do we really need this?
- Disadvantage – bias and variance
  - Solution: e.g. Welch's method
- Disadvantage – no temporal resolution
  - Solution 1: Short-Time Fourier Transform

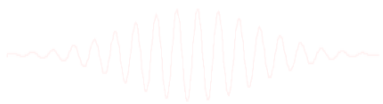




# Amplitude and phase

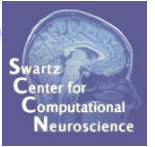
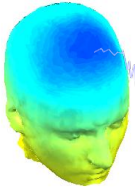


- Power spectra describe the *amount* of a given frequency present
- NOT a complete description of a signal: We also must know the *phase* at each frequency
- FFT/STFT/Wavelet return an amplitude and phase at each time and frequency (represented as complex #).
- To find power, we compute the magnitude, which discards phase.





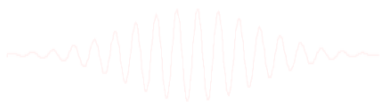
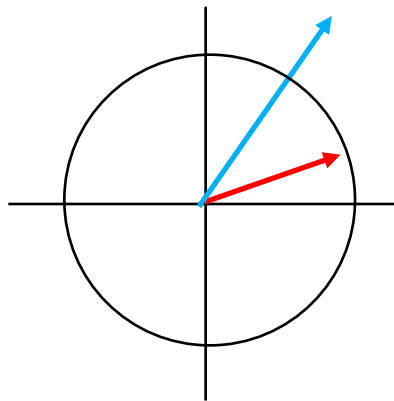
# Phasor representation



- A complex number  $x + yi$  can be expressed in terms of amplitude and phase:  $ae^{i\theta}$

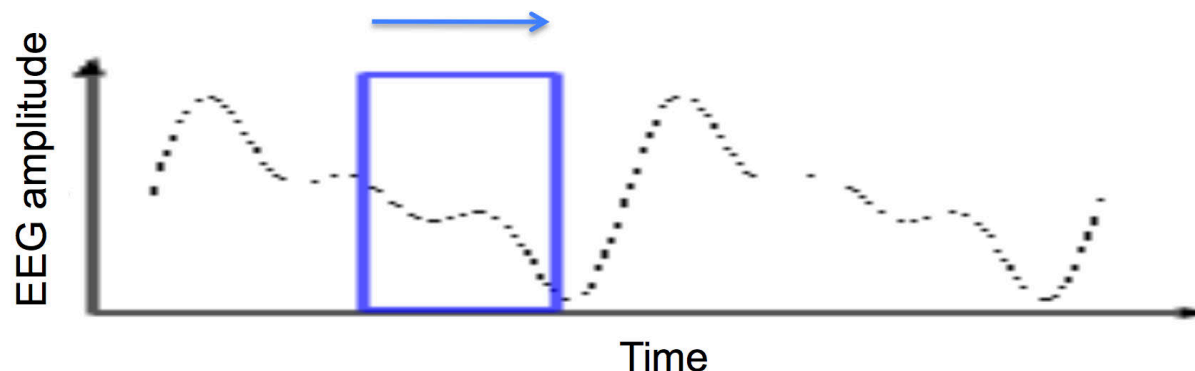
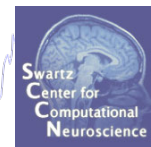
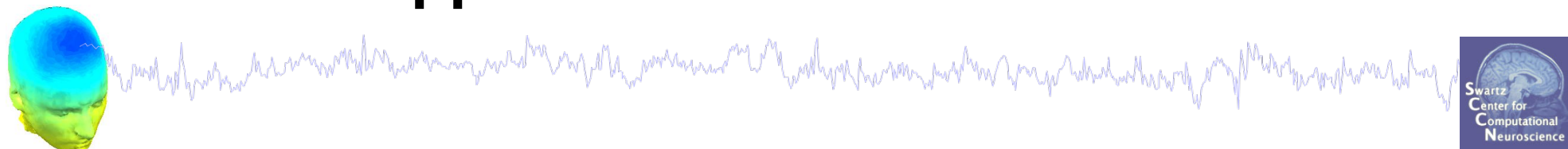
*amplitude\*exp(i\*phase)*

*amplitude = sqrt(x^2 + y^2); phase = atan(y/x);*





# Approach 2: Welch's Method



Calculate power spectrum of short windows, average.

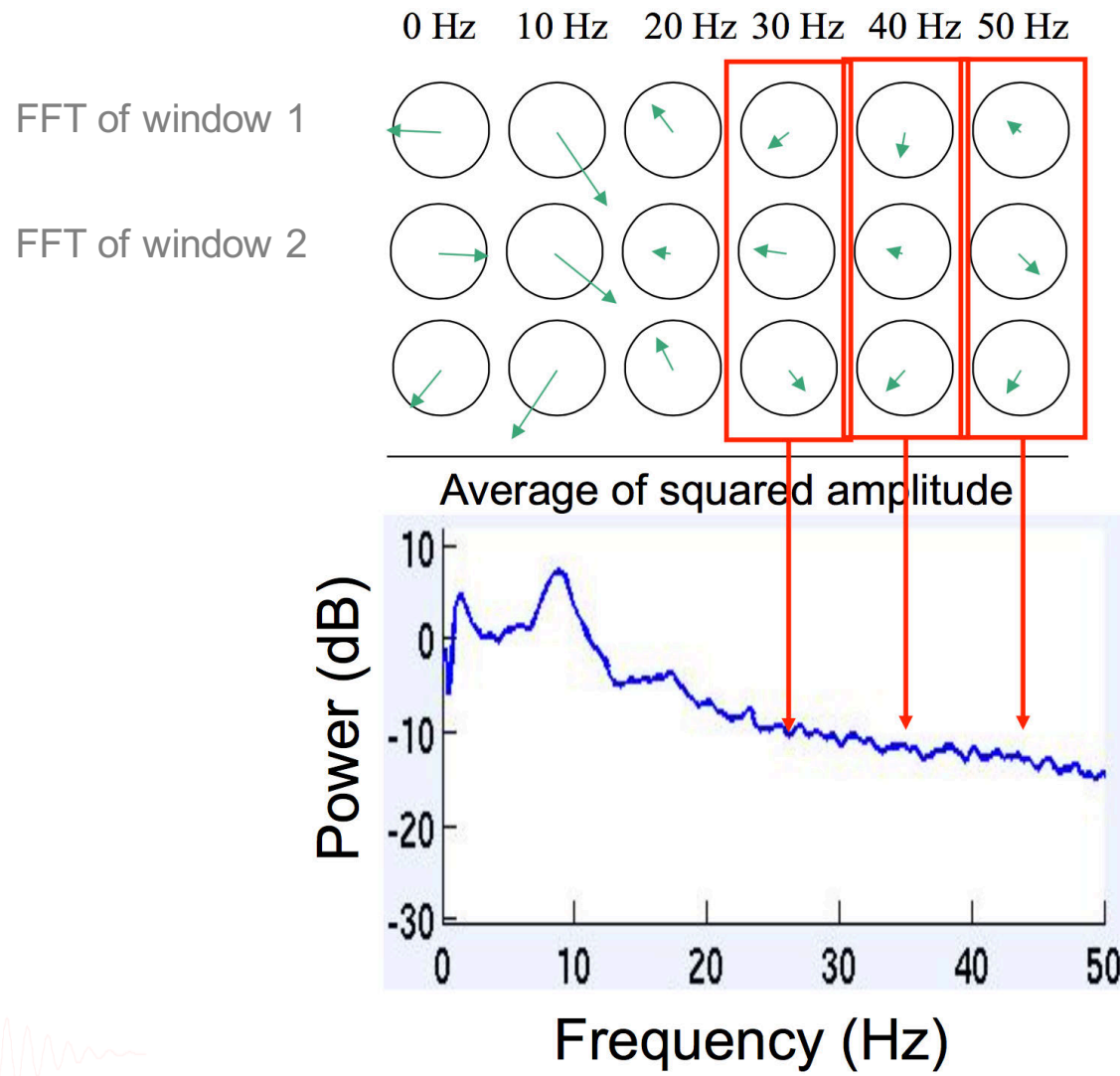
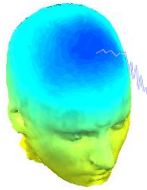
Advantage: Smoother estimate of power spectrum

Frequency resolution set by window length

e.g. 1s window  $\rightarrow$  1 Hz resolution

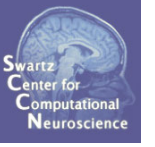
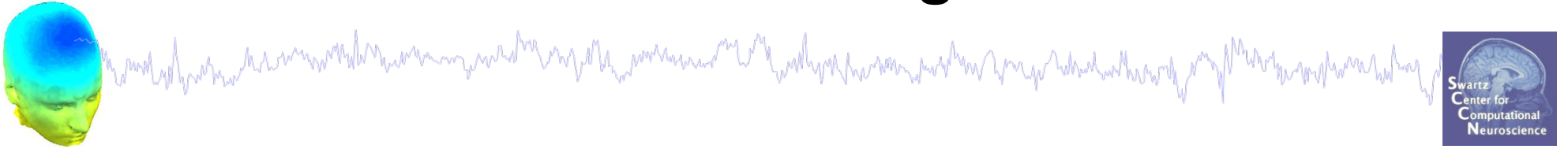
In practice: taper, don't use rectangular window







# Windowing

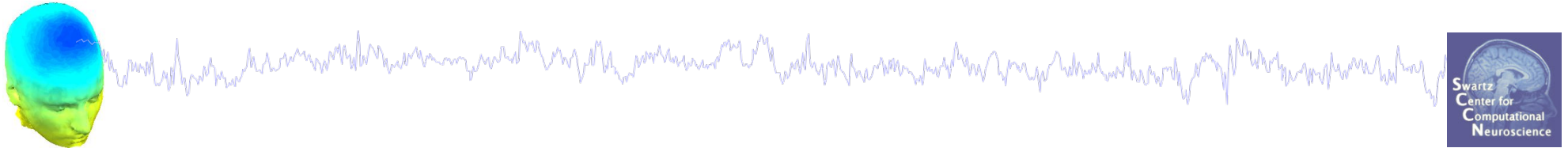


- When we pick a short segment of signal, we typically window it with a smooth function.
- Windowing in time = convolving (filtering) the spectrum with the Fourier transform of the window
- No window (=rectangular window) results in the most smearing of the spectrum
- There are many other windows optimized for different purposes: Hamming, Gaussian...

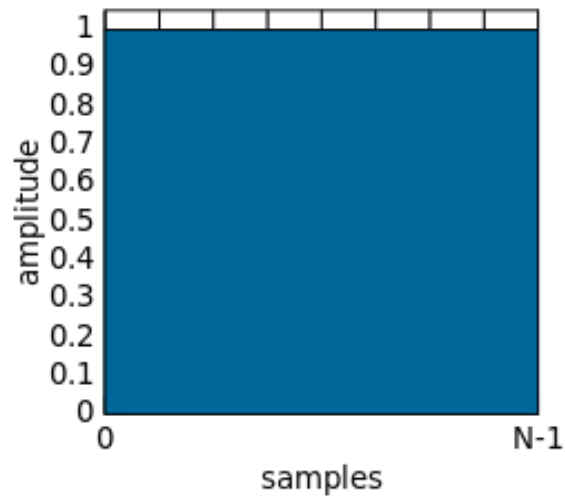




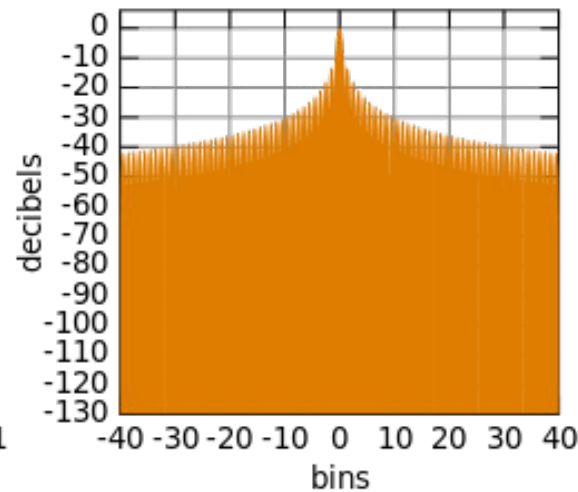
# Windows and their Fourier transforms



Rectangular window

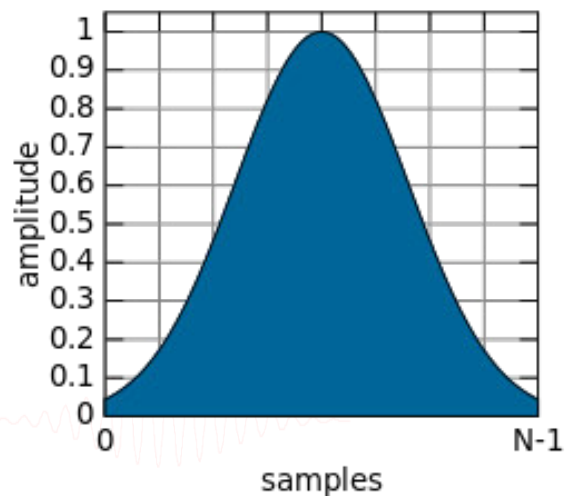


Fourier transform

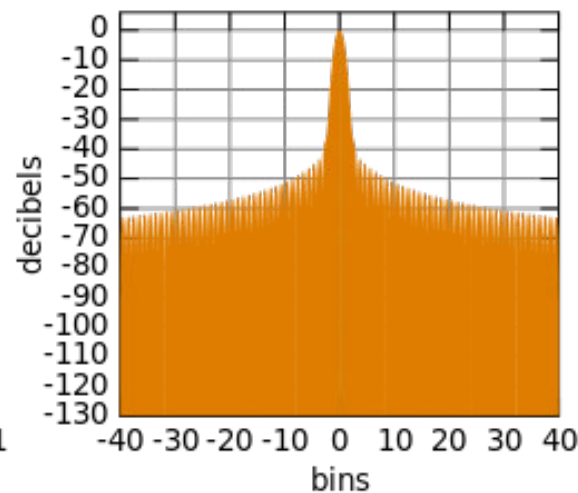


*Narrowest main peak, but  
Highest side-lobes  
Most spectral 'smearing'*

Gaussian window ( $\sigma = 0.4$ )



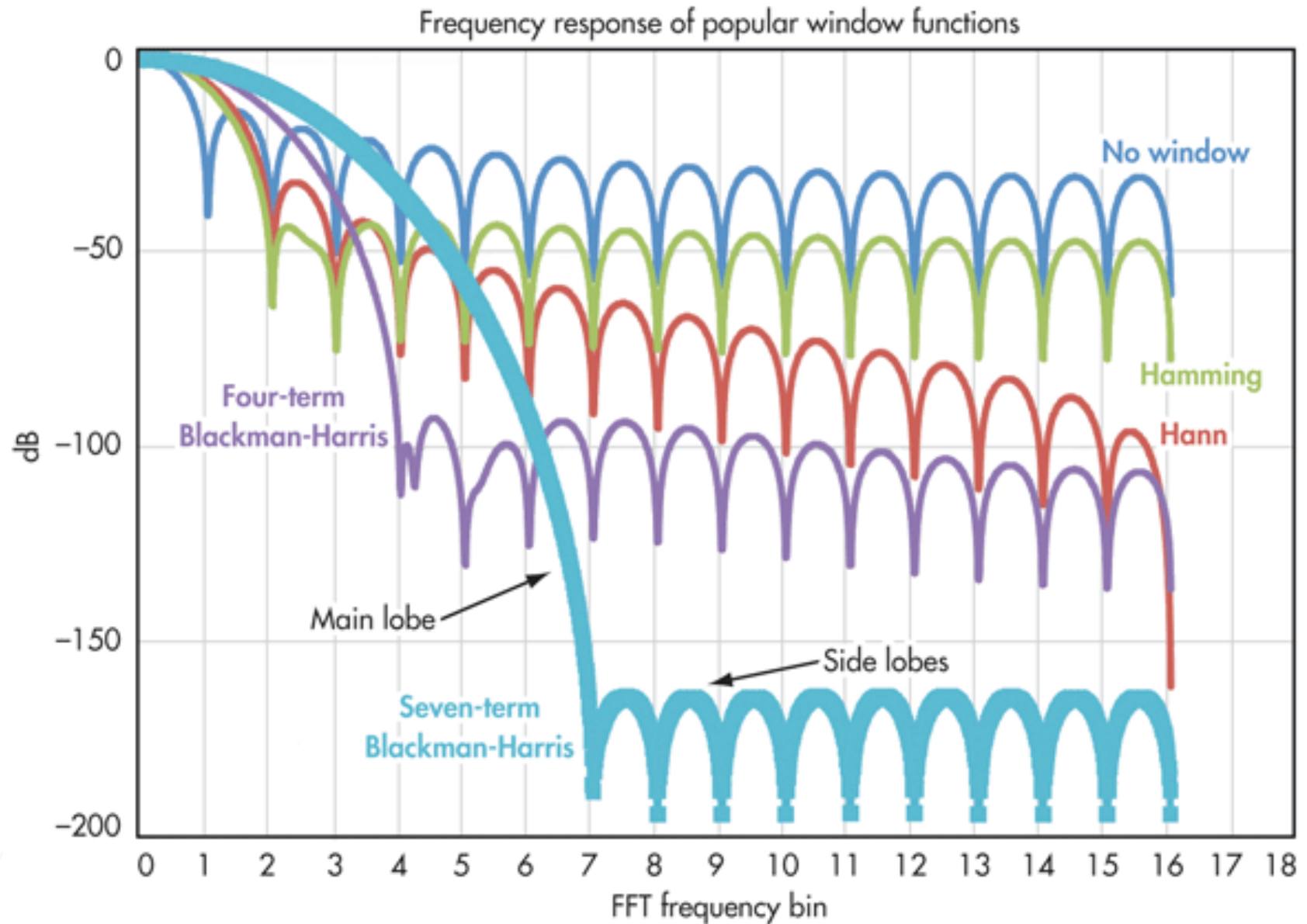
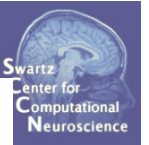
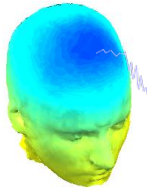
Fourier transform



*Wider main peak, and  
much lower side-lobes*

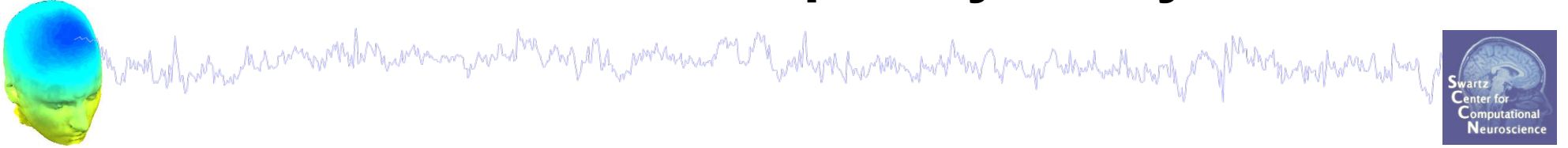


# Close-up view

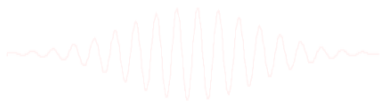




# Part 2: Time-Frequency Analysis

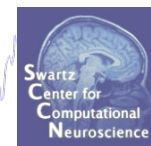
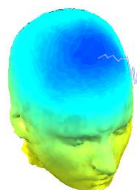


- Short-Time Fourier Transform
  - Find power spectrum of short windows
  - “Spectrogram”
- Advantage: Can visualize time-varying frequency content
- Disadvantage: Fixed temporal resolution is not optimal

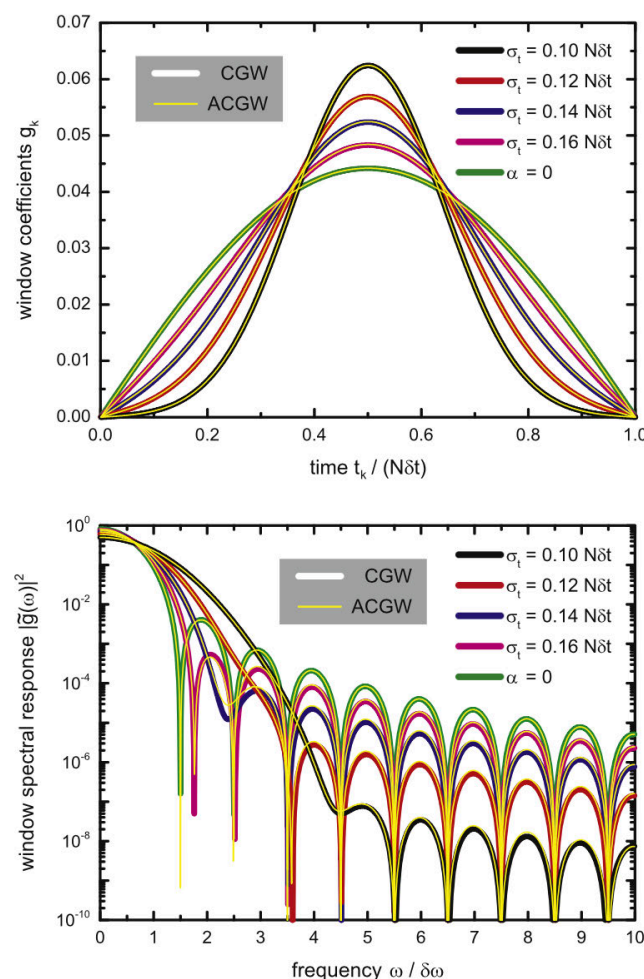




# Time-Frequency Uncertainty



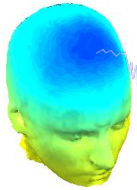
- You cannot have both arbitrarily good temporal and frequency resolution!
  - $\sigma_t * \sigma_f \geq 1/2$
- If you want sharper temporal resolution, you will sacrifice frequency resolution, and vice versa.
- (Optimal: Confined Gaussian)



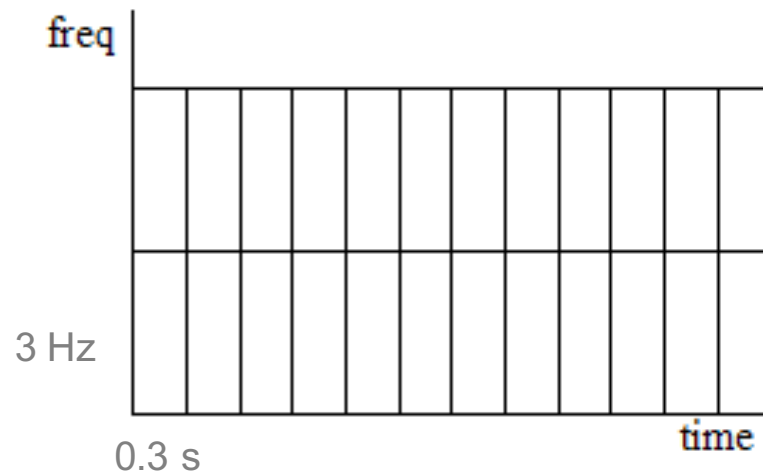
Starosielec S, Hägele D (2014) Discrete-time windows with minimal RMS bandwidth for given RMS temporal width. Signal Processing 102:240–6.



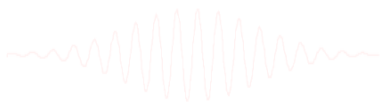
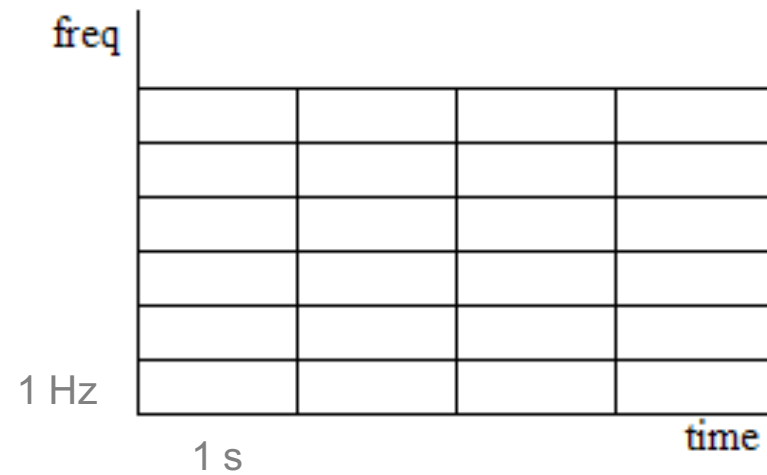
# Consequence for STFT



Shorter Windows  
poorer frequency resolution

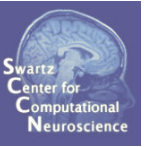
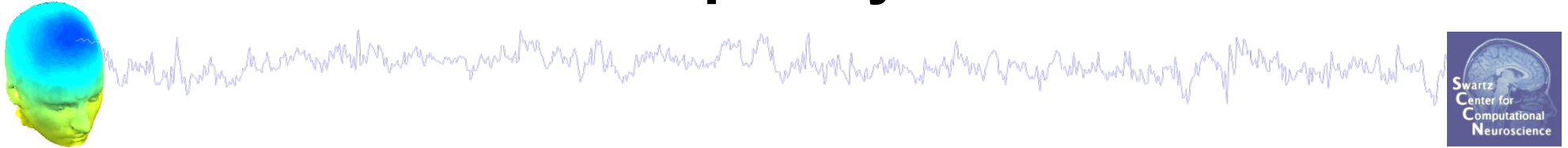


Longer Windows  
finer frequency resolution

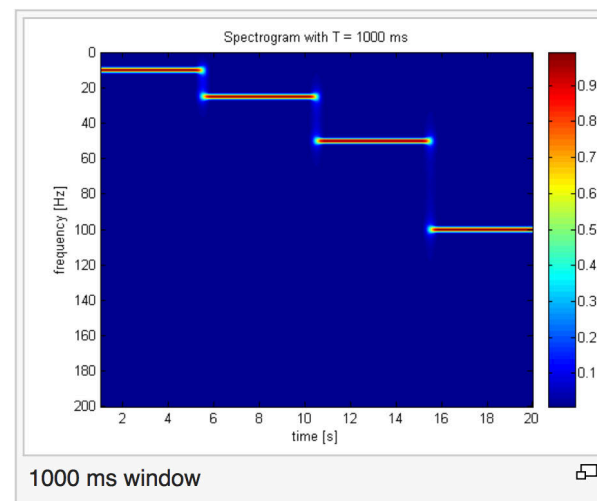
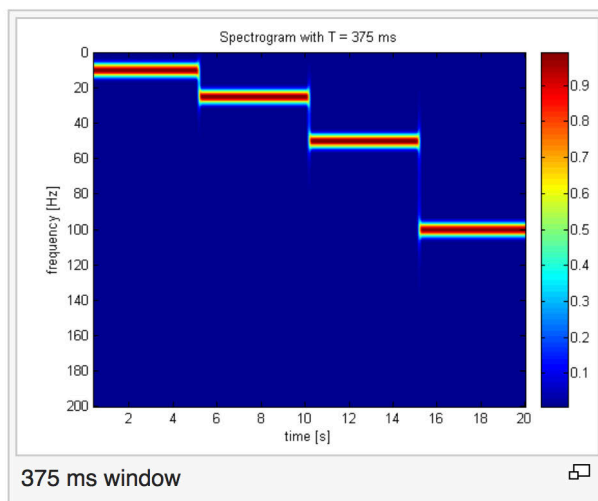
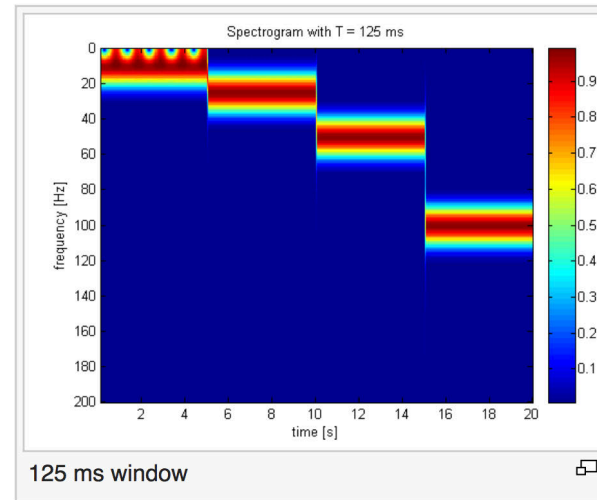
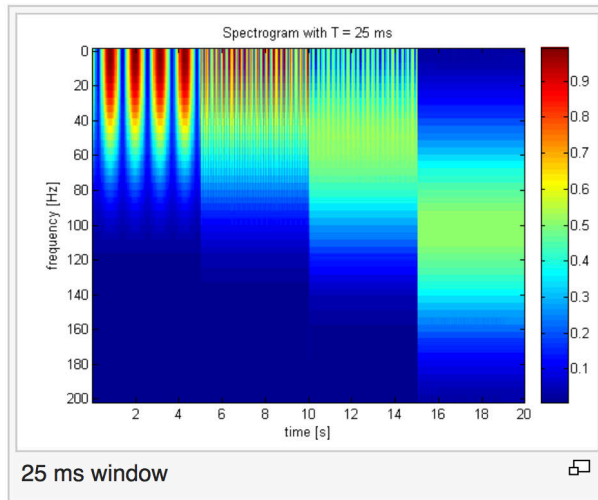




# Time-Frequency Tradeoff

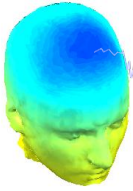


Signal: 10, 25, 50, 100 Hz

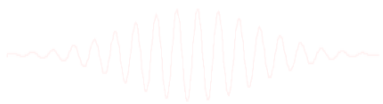




# A better way: Wavelet transform

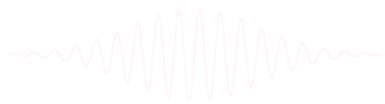
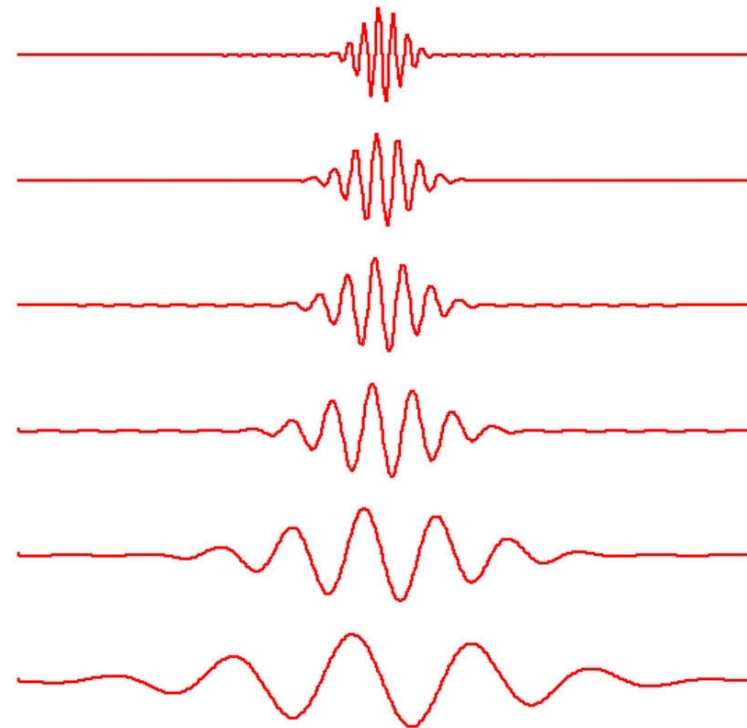
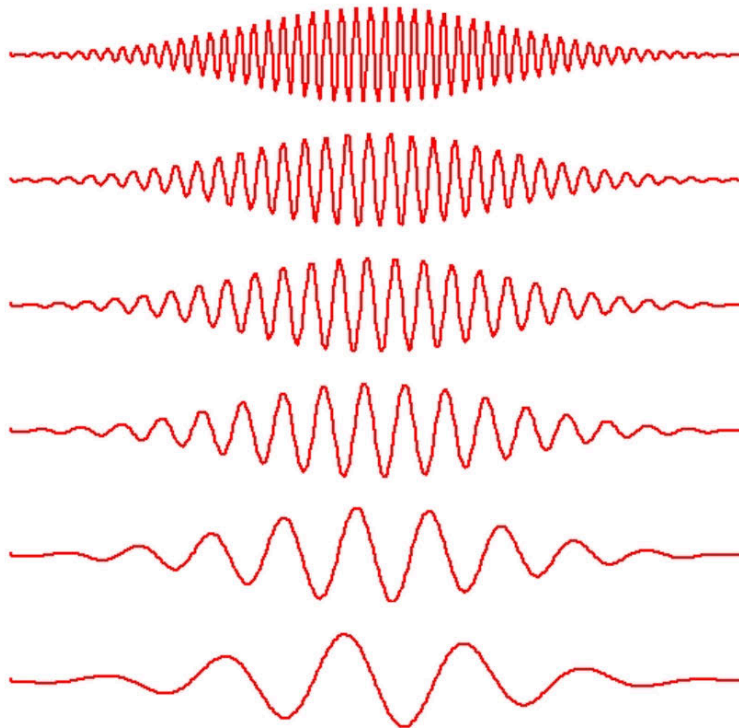
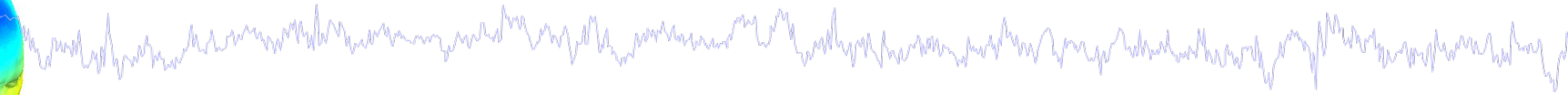
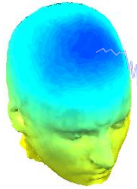


- Wavelet transform is a ‘multi-resolution’ time-frequency decomposition.
- Intuition: Higher frequency signals have a faster time scale
- So, vary window length with frequency!
  - longer window at lower frequencies
  - shorter window at higher frequencies



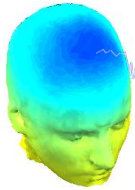


# Comparison of FFT & Wavelet

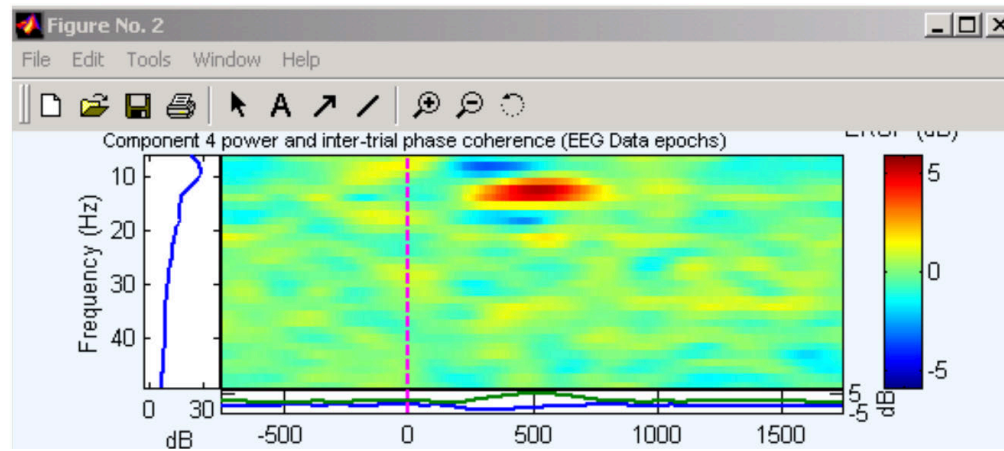


*Scaled versions of one shape*  
*Constant\* number of cycles*

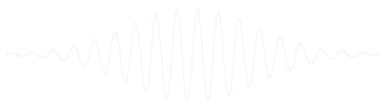
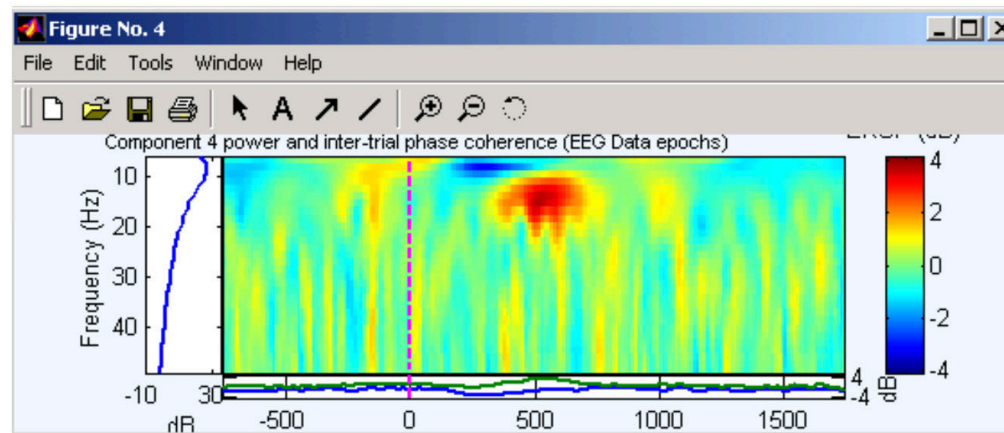




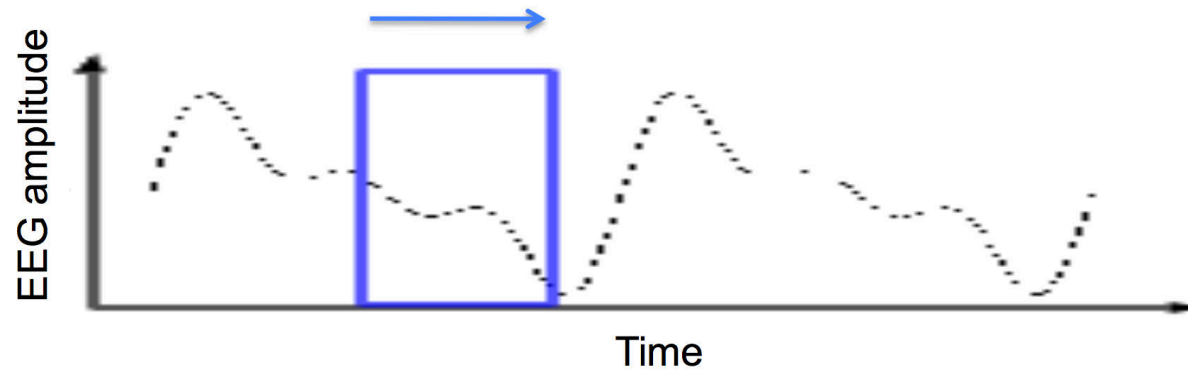
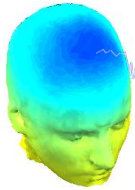
FFT



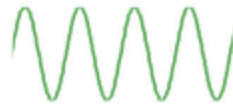
Wavelet





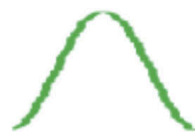


Sinusoid



\*

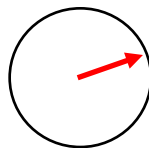
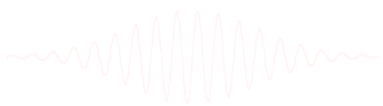
Gaussian



Tapered  
sinusoid

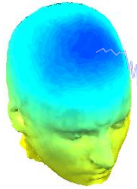


For each time window  
Analyze signal using the wavelets  
for different frequencies.





# Exercise

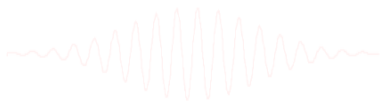


- Create a signal

```
>> t = 0:0.01:100;  
>> x = sin(2*pi*10*t); plot(t,x)
```

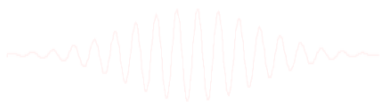
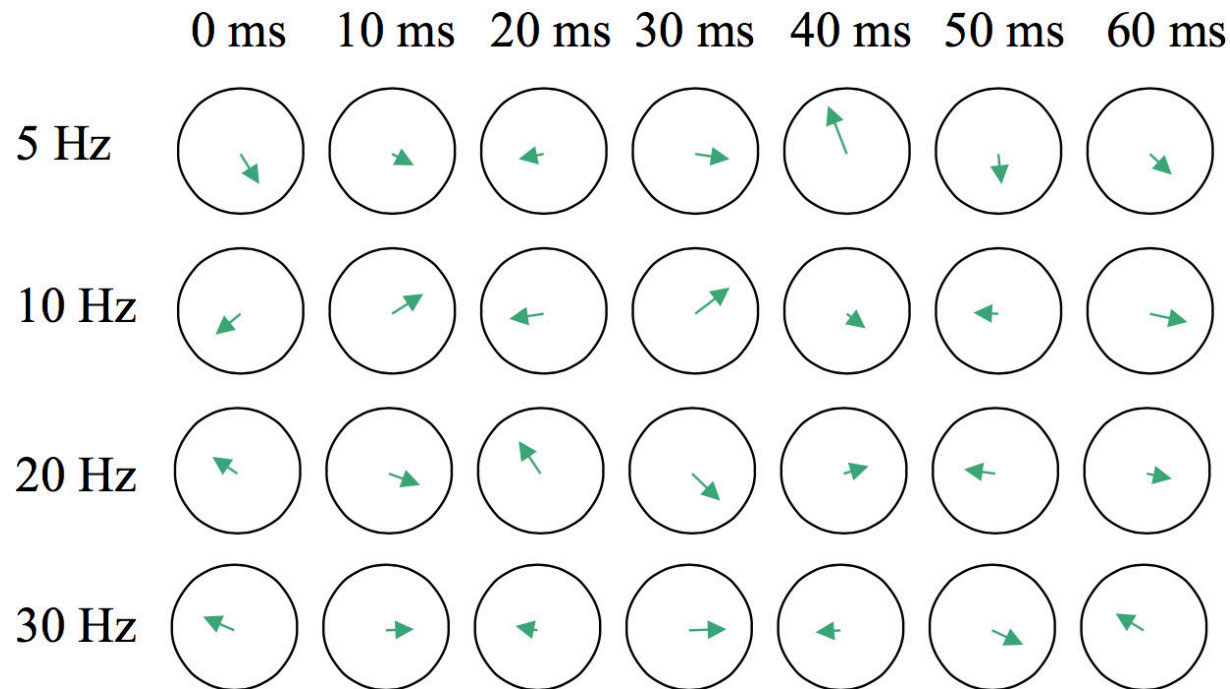
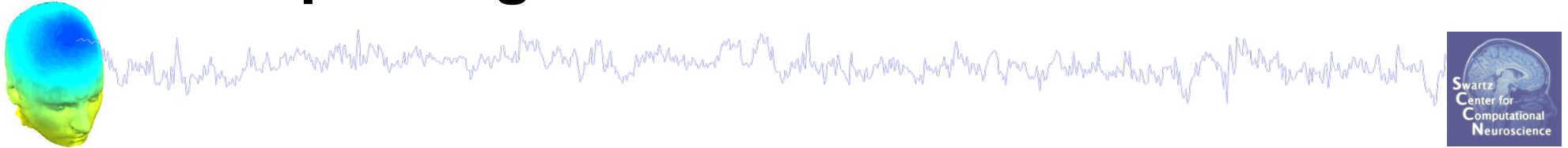
- Find FFT

```
>> F = fft(x);  
>> F(1:3) %complex  
>> power = F.*conj(F);
```



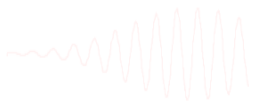
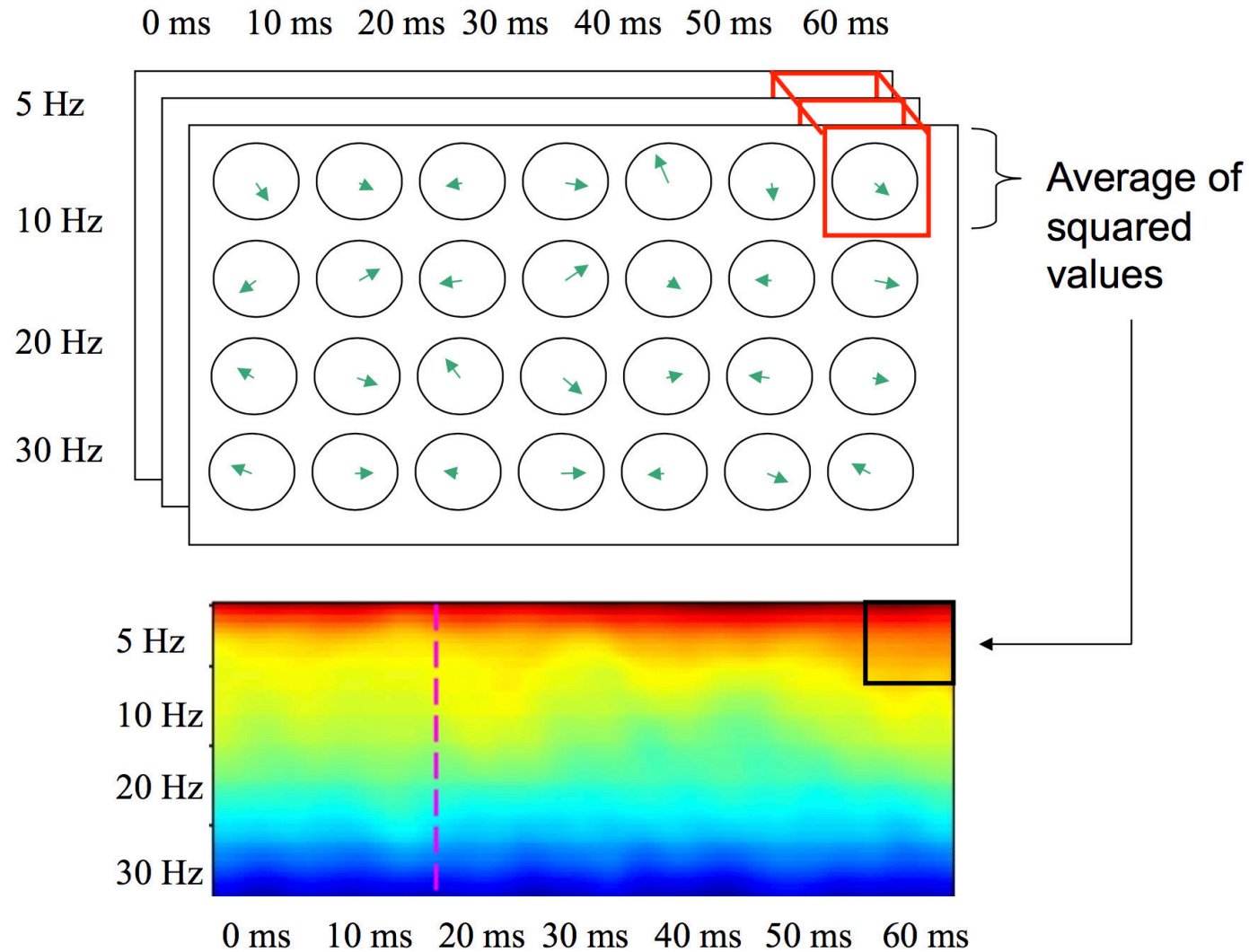
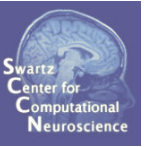
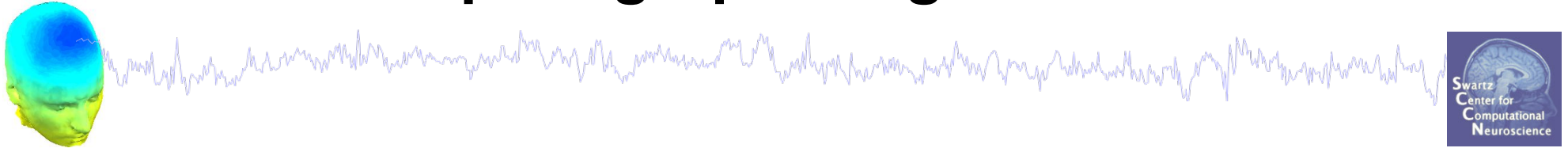


# Spectrogram of one window of data



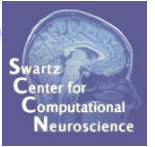
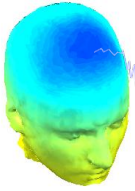


# Computing Spectrogram Power

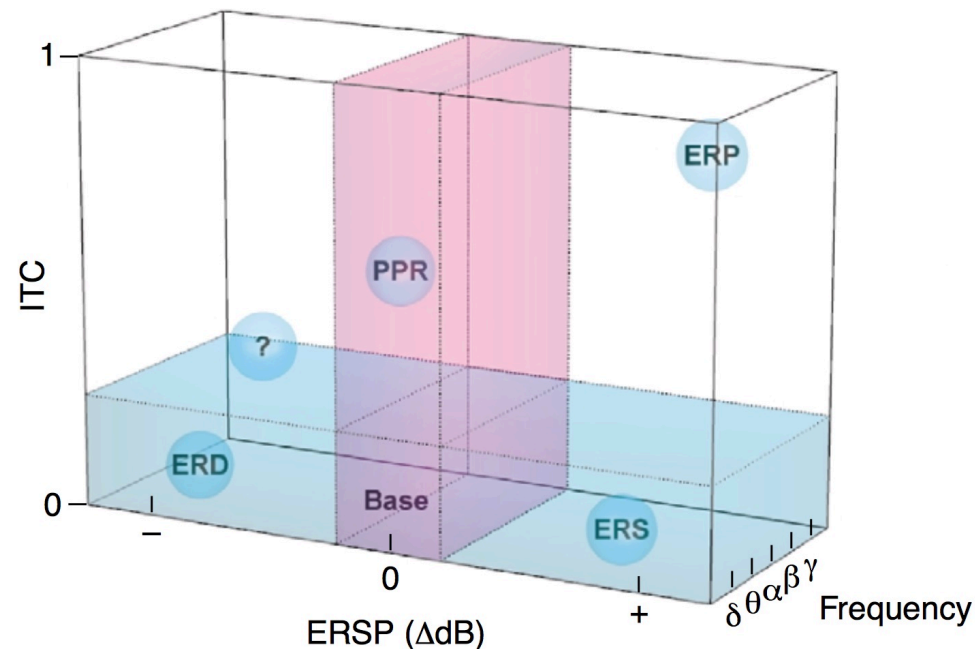




# Definition: ERSP

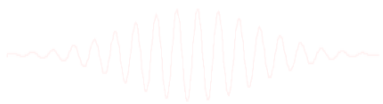
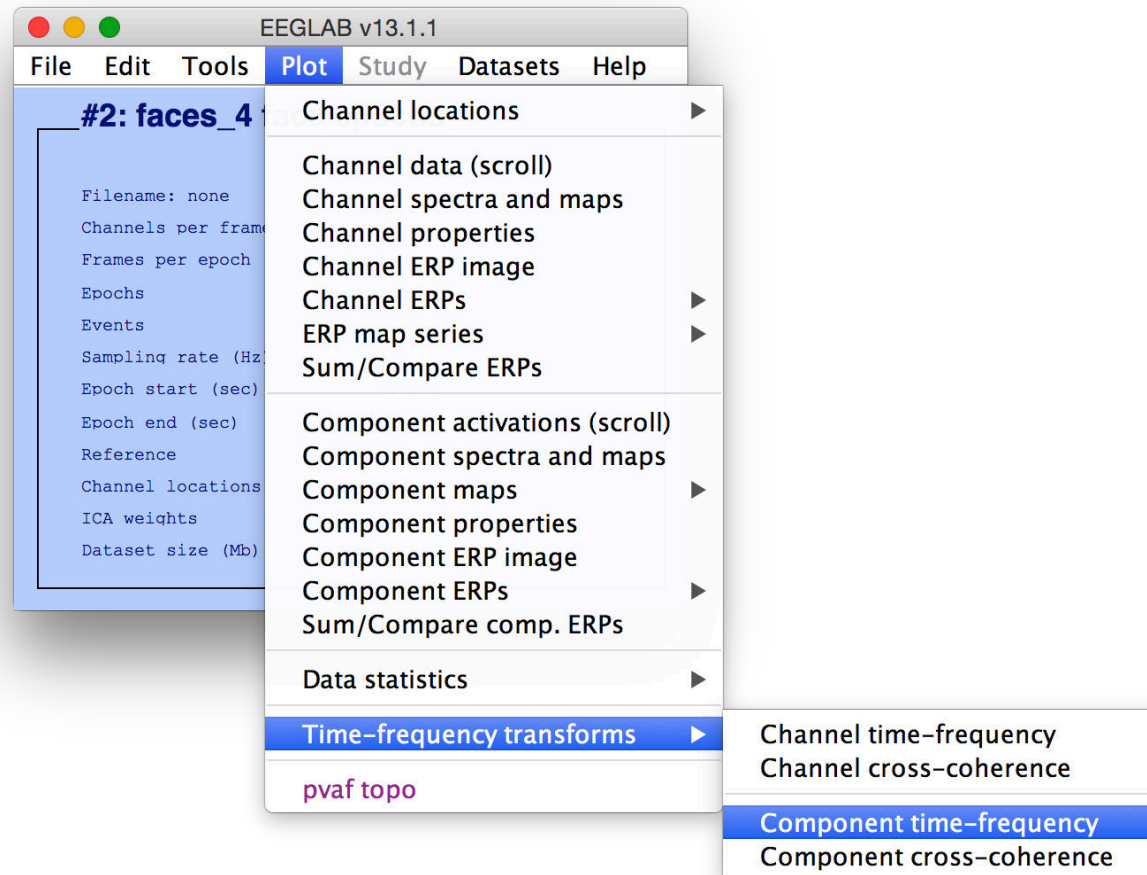
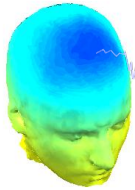


- Event Related Spectral Perturbation
- Change in power in different frequency bands relative to a baseline. ERS , ERD



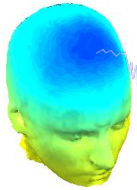


# Try it out (faces\_4.set)





# Display ERS vs. ERSP



Event-related  
Spectrogram (ERS)

Plot component time frequency -- pop\_newtimef()

Component number: 1

Sub epoch time limits [min max] (msec): -1000 1996

Frequency limits [min max] (Hz) or sequence: [empty]

Baseline limits [min max] (msec) (0->pre-stim.): 0

Wavelet cycles [min max/fact] or sequence: 3 0.5

ERSP color limits [max] (min=-max): [empty]

ITC color limits [max]: [empty]

Bootstrap significance level (Ex: 0.01 -> 1%): [empty]

Optional newtimef() arguments (see Help): [empty]

Use 200 time points [dropdown]

Use limits, paddin... [dropdown]

Use divisive basel... [dropdown]

☐ Log spaced

☒ No baseline

☐ Use FFT

☒ see log power (set)

☐ plot ITC phase (set)

☐ FDR correct (set)

☒ Plot Event Related Spectral Power

☒ Plot Inter Trial Coherence

☐ Plot curve at each frequency

Help Cancel Ok

Event-Related  
Spectral Perturbation  
(ERSP)

Plot component time frequency -- pop\_newtimef()

Component number: 1

Sub epoch time limits [min max] (msec): -1000 1996

Frequency limits [min max] (Hz) or sequence: [empty]

Baseline limits [min max] (msec) (0->pre-stim.): 0

Wavelet cycles [min max/fact] or sequence: 3 0.5

ERSP color limits [max] (min=-max): [empty]

ITC color limits [max]: [empty]

Bootstrap significance level (Ex: 0.01 -> 1%): [empty]

Optional newtimef() arguments (see Help): [empty]

Use 200 time points [dropdown]

Use limits, paddin... [dropdown]

Use divisive basel... [dropdown]

☐ Log spaced

☐ No baseline

☐ Use FFT

☒ see log power (set)

☐ plot ITC phase (set)

☐ FDR correct (set)

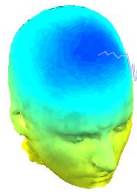
☒ Plot Event Related Spectral Power

☒ Plot Inter Trial Coherence

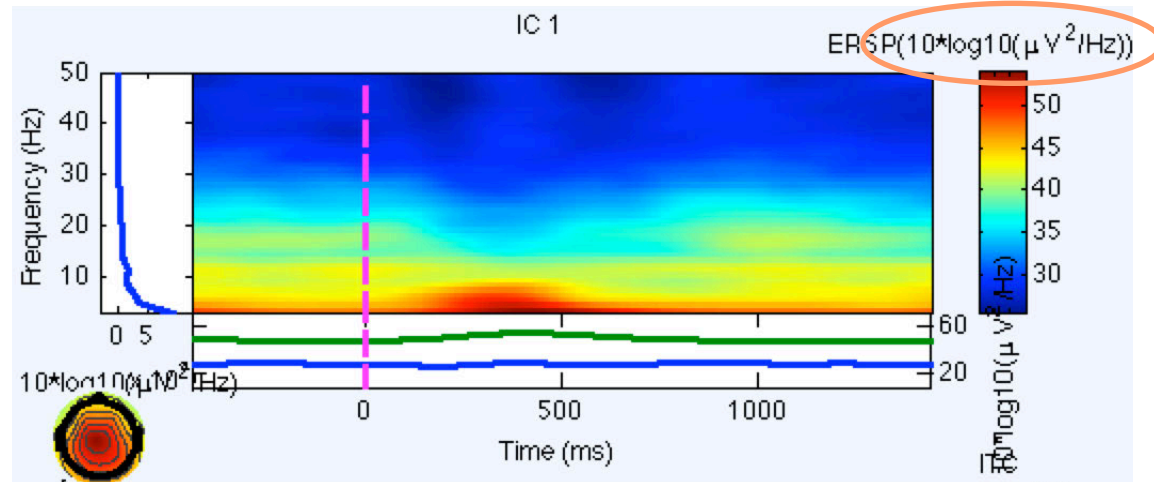
☐ Plot curve at each frequency

Help Cancel Ok





Event-related  
Spectrogram (ERS)



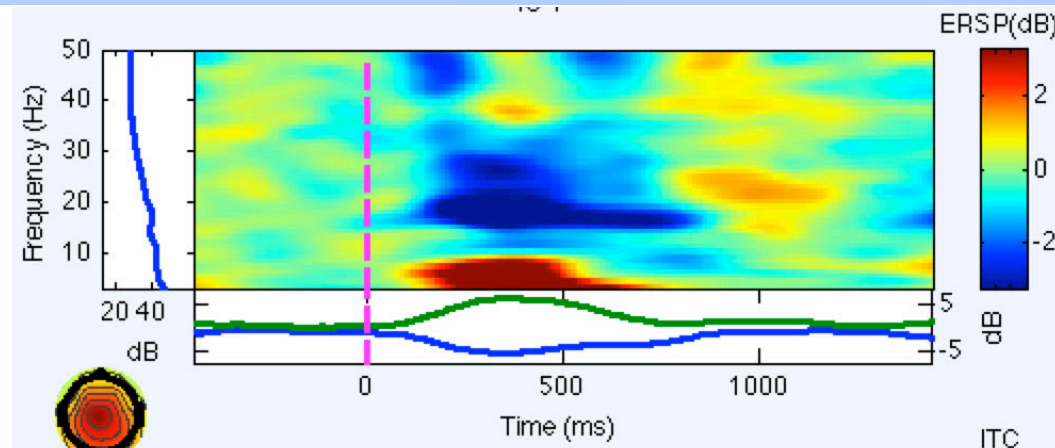
Baseline limits [min max] (msec) (0->pre-stim.)

0

Use divisive basel...

☐ No baseline

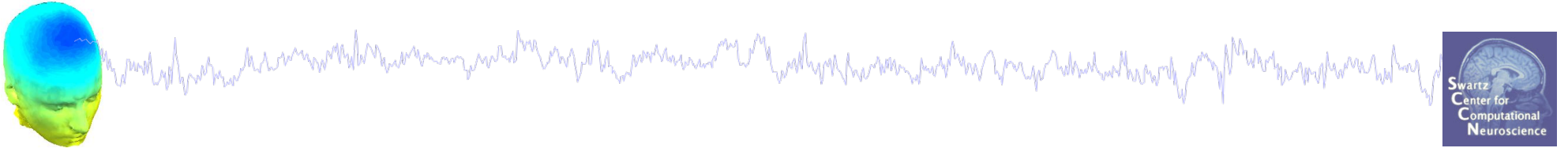
Event-Related  
Spectral Perturbation  
(ERSP)



$10 \cdot \log_{10} (SG(t,f) / \text{baseline}(f))$



# Exercises

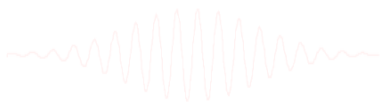


- Try different baseline methods
  - divisive
  - standard deviation (express spectral perturbations in #sd relative to baseline sd)
- Try different wavelet specifications

Wavelet cycles [min max/fact] or sequence

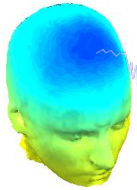
3 0.5

- Default: 3 0.5
  - 3 cycles
  - What is the 0.5? Try 0. Try 1...





# Wavelet Specification



Wavelet cycles [min max/fact] or sequence

3 0.5

Answer: The first #cycles controls the basic duration of the wavelet in cycles.

The second factor controls the degree of shortening of time windows as frequency increases

0 = no shortening = FFT (duration remains constant with frequency)

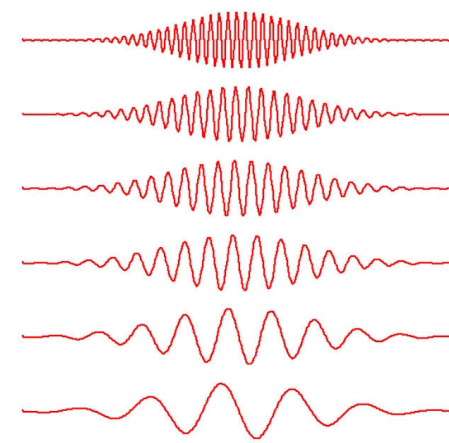
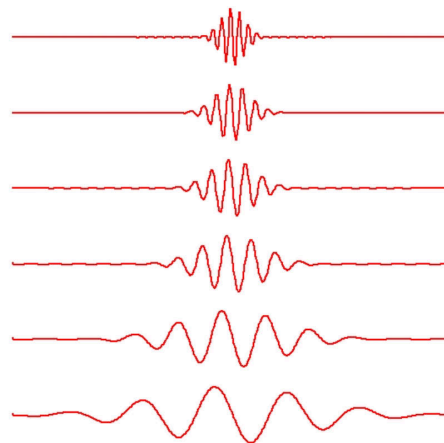
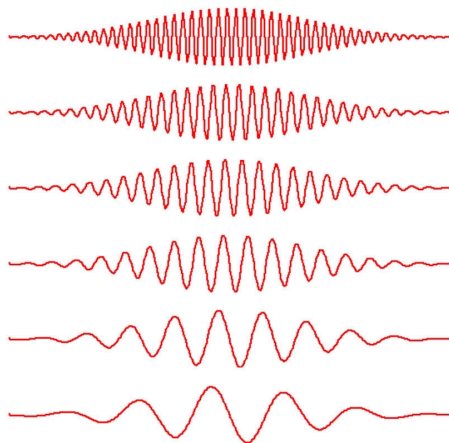
1 = pure wavelet (#cycles remains constant with frequency)

0.5 = intermediate, a compromise that reduces HF time resolution to gain more frequency resolution

3 0

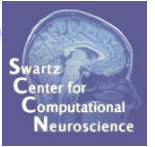
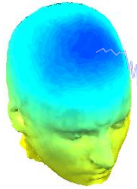
3 1

3 0.5

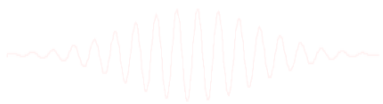




# Part 3: Coherence Analysis

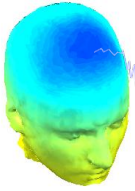


- Goal: How much do two signals resemble each other
- Coherence = complex version of correlation: how similar are power and phase at each frequency?
- Variant: phase coherence (phase locking, etc.) considers only phase similarity, ignoring power
  - Regular coherence is simply a power-weighted phase coherence



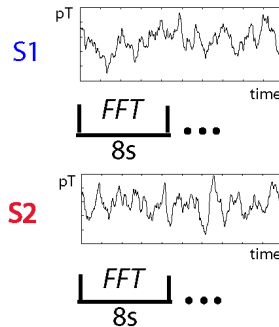
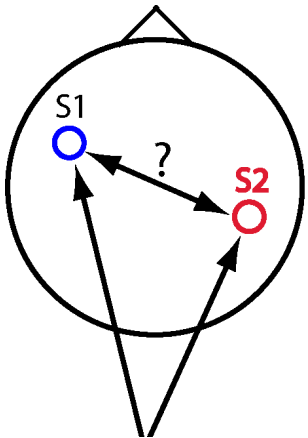


# Coherence

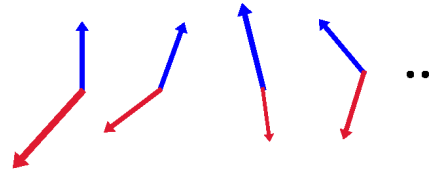


$$C(f, t) \propto \sum_{k=\text{trials}} F1_k(f, t) \overline{F2_k(f, t)}$$

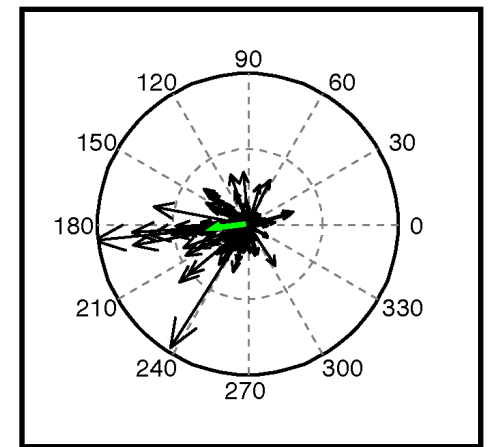
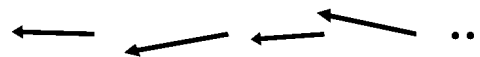
$$a_1 e^{i\theta_1} a_2 e^{-i\theta_2} \propto e^{i(\theta_1 - \theta_2)}$$



Fourier time series  $F_{S1}$  and  $F_{S2}$

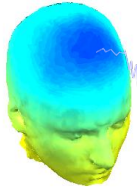


Phase difference between  $S1$  and  $S2$ ,

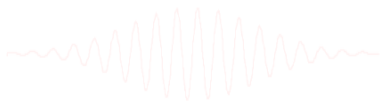




# Part 3a: Inter-Trial Coherence

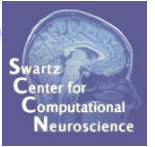
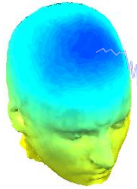


- Goal: How much do different trials resemble each other?
- Phase coherence not between two processes, but between multiple trials of the same process
- Defined over a (generally) narrow frequency range





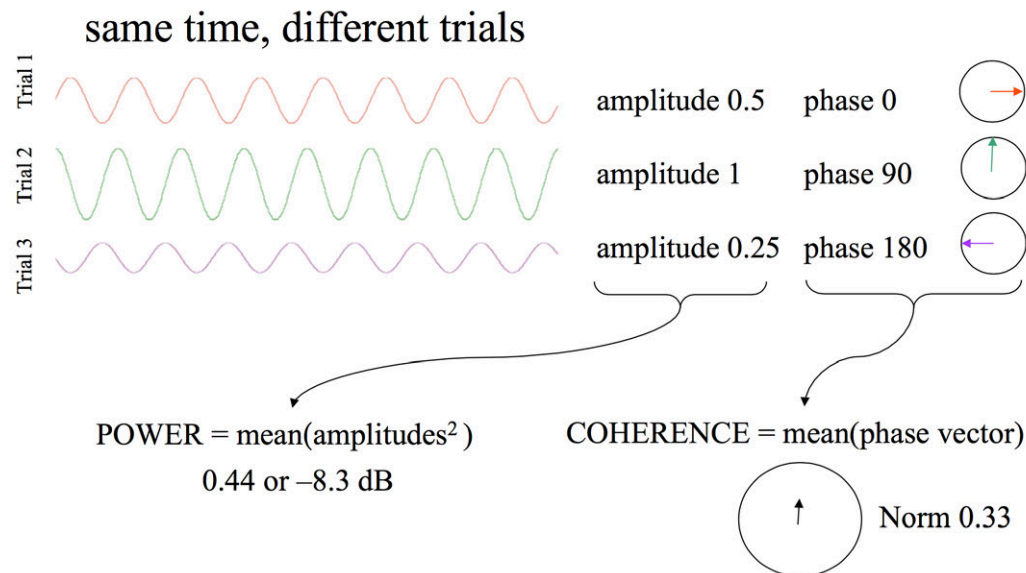
# EEGLAB's Inter-Trial Coherence is *phase* ITC



Phase ITC

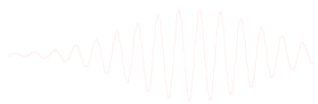
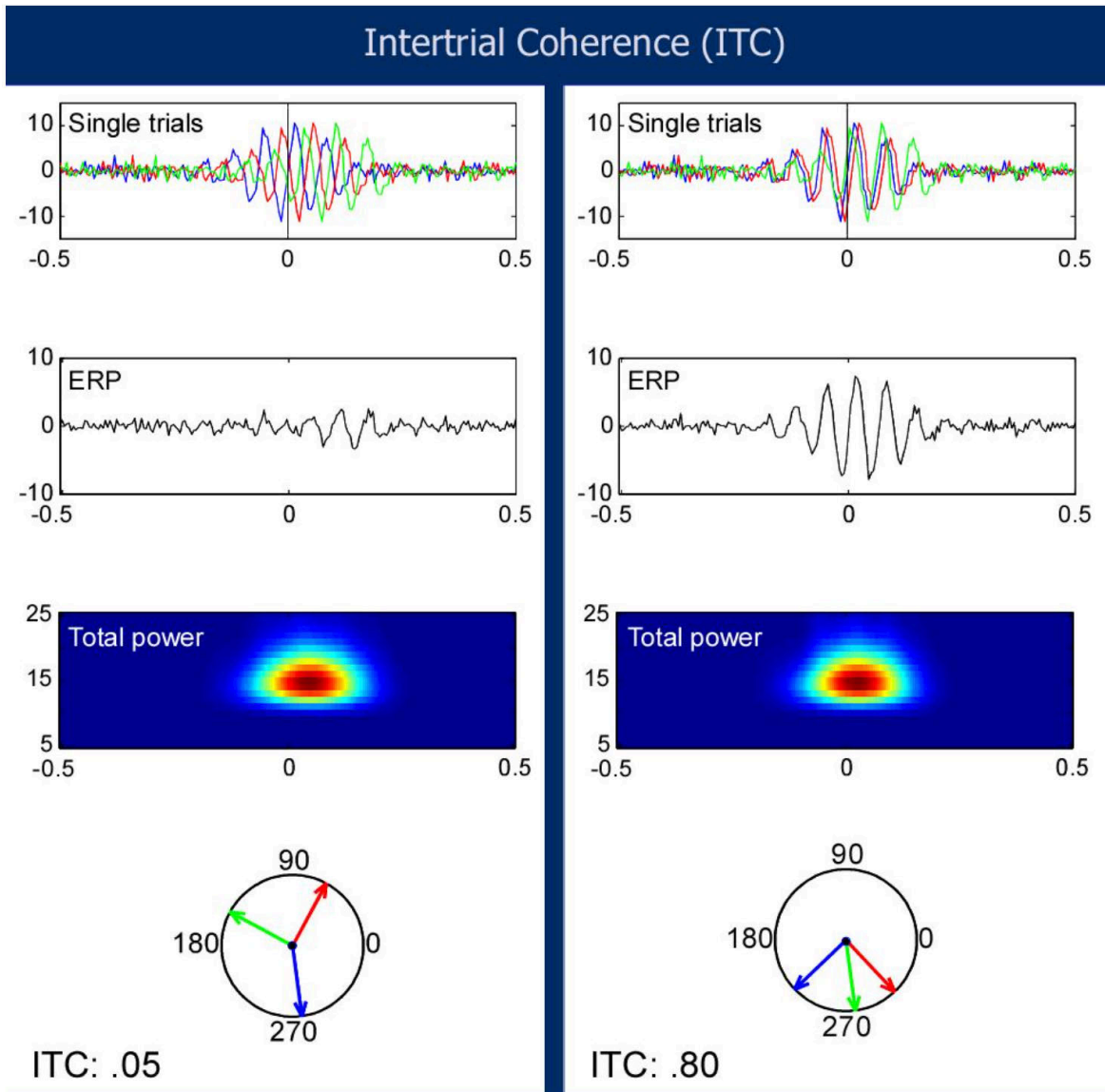
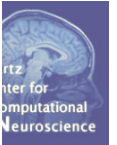
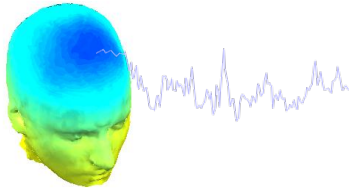
$$ITPC(f, t) = \frac{1}{n} \sum_{k=1}^n \frac{F_k(f, t)}{\underbrace{|F_k(f, t)|}_{\text{Normalized (no amplitude information)}}}$$

Normalized  
(no amplitude information)



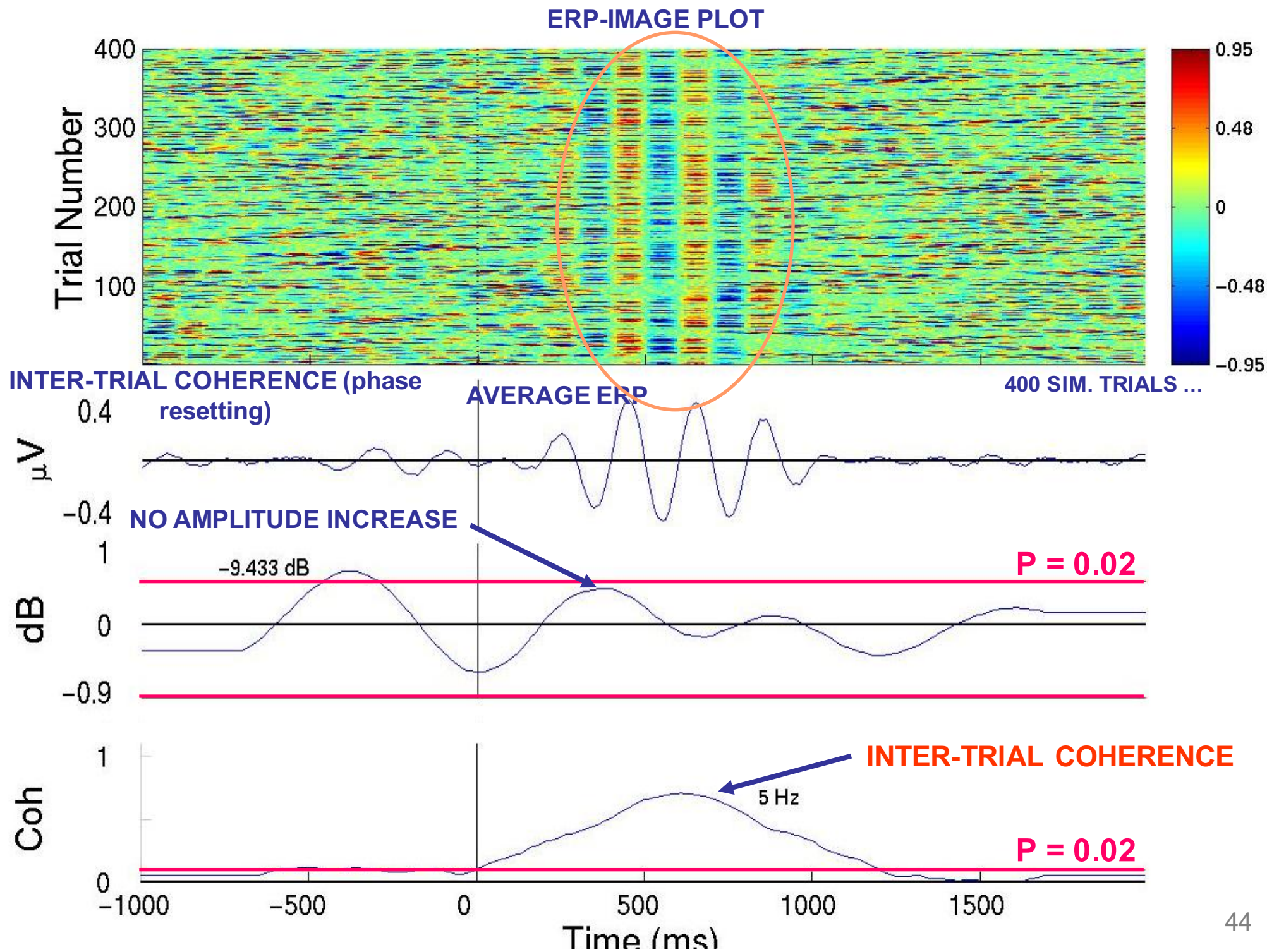


# ITC Example (3 trials)



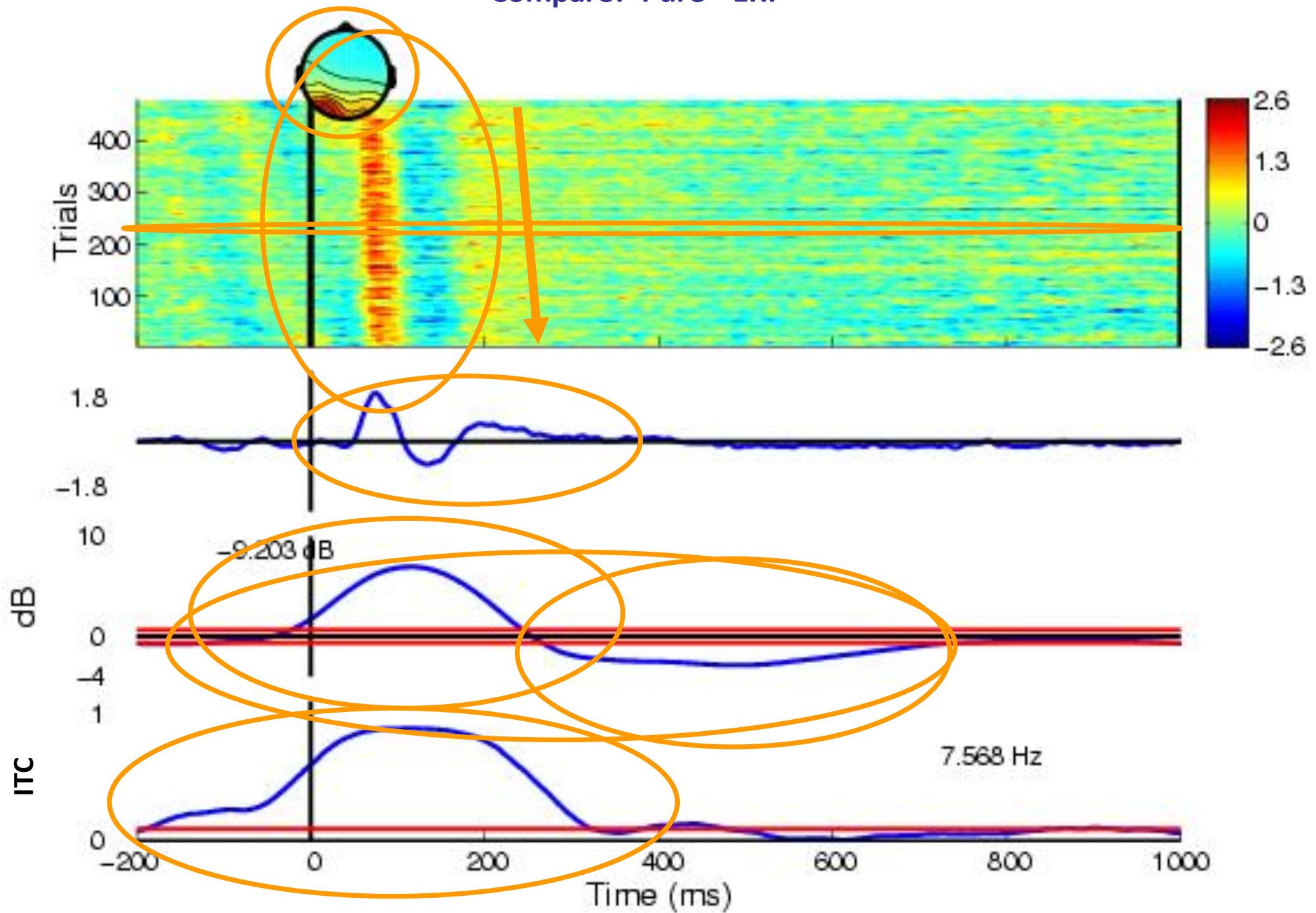
Slide courtesy of Stefan Debener





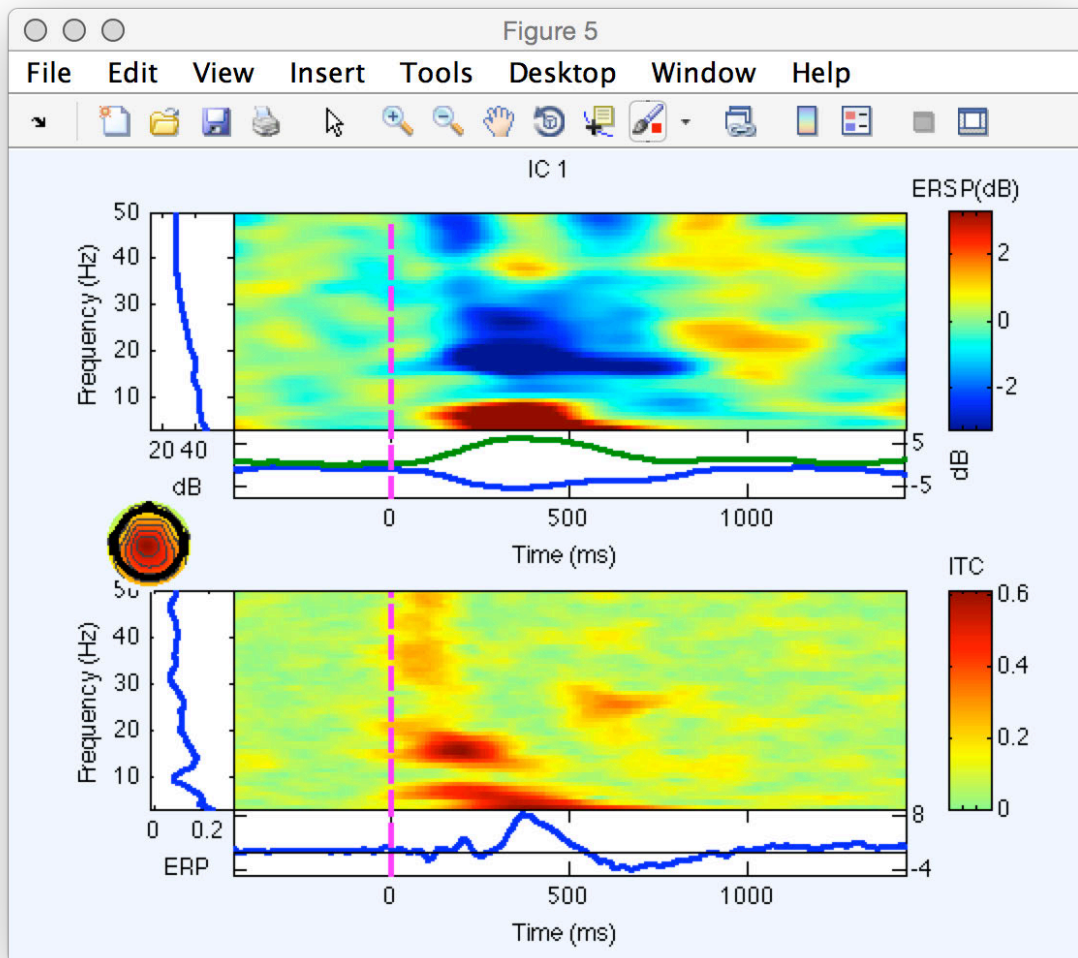
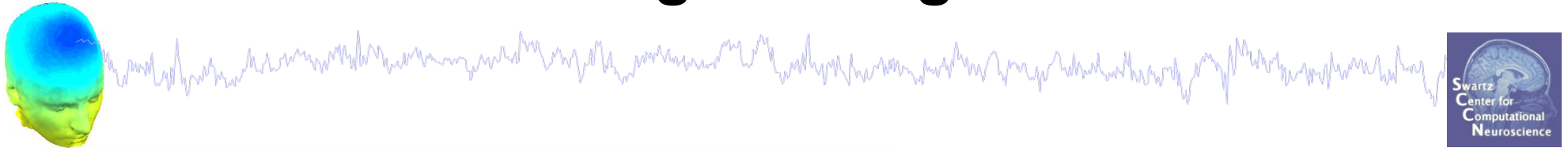


# Compare: Pure ERP





# Putting it all together



## Exercise

All: Compute ERSP/ITC for a component of your choice

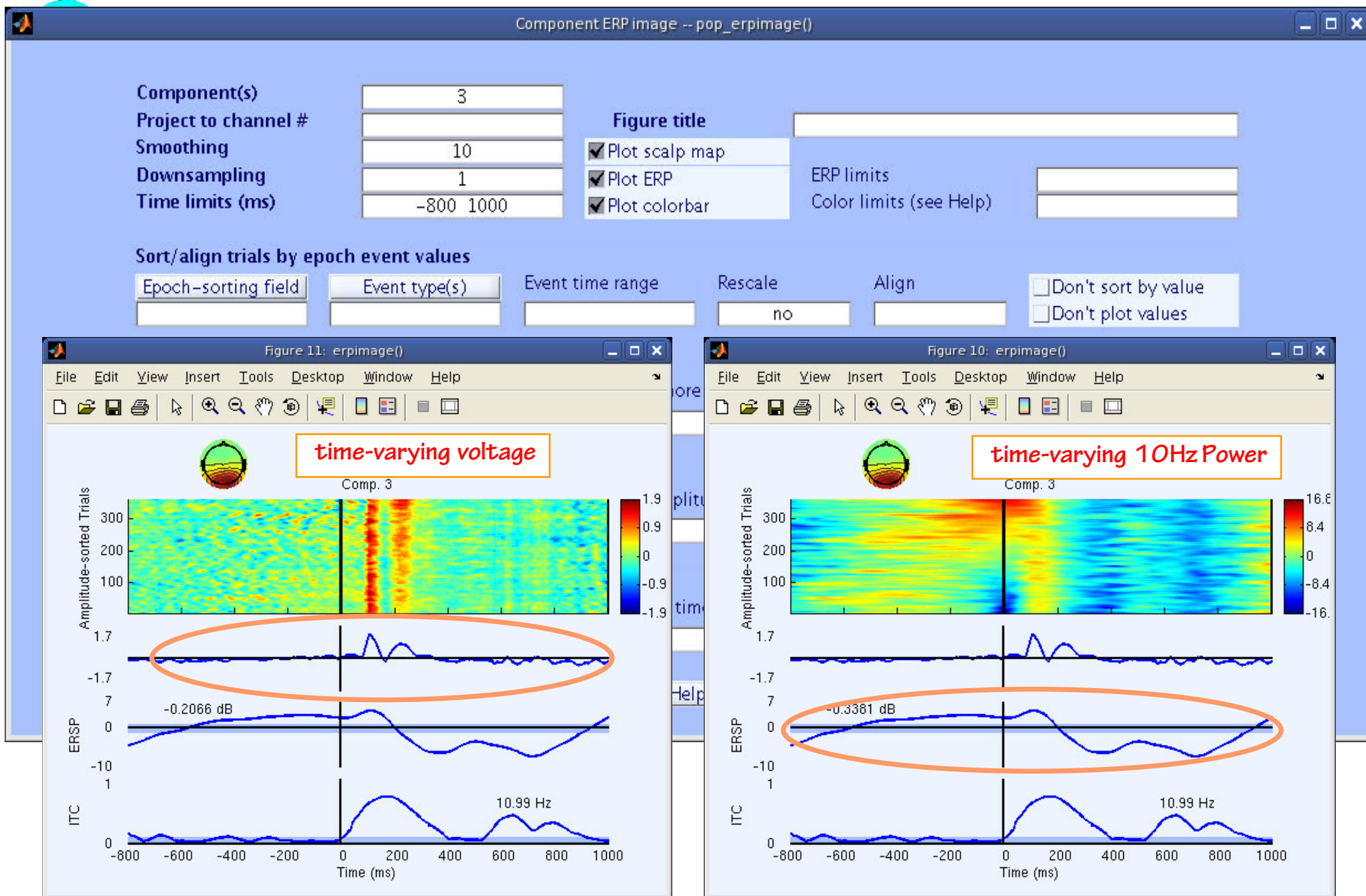
Compute ERP Image (with ERSP and ITC displayed\*)

Use all of this information to explain the origin of the Evoked Response

Question: Which changes are significant? Use the options in ERP Image and ERSP dialogs to set significance threshold e.g. 0.01. Do the results survive?

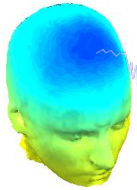


# Component ERP Image: Activation vs. Amplitude

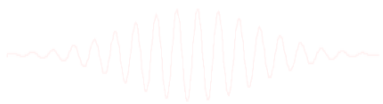
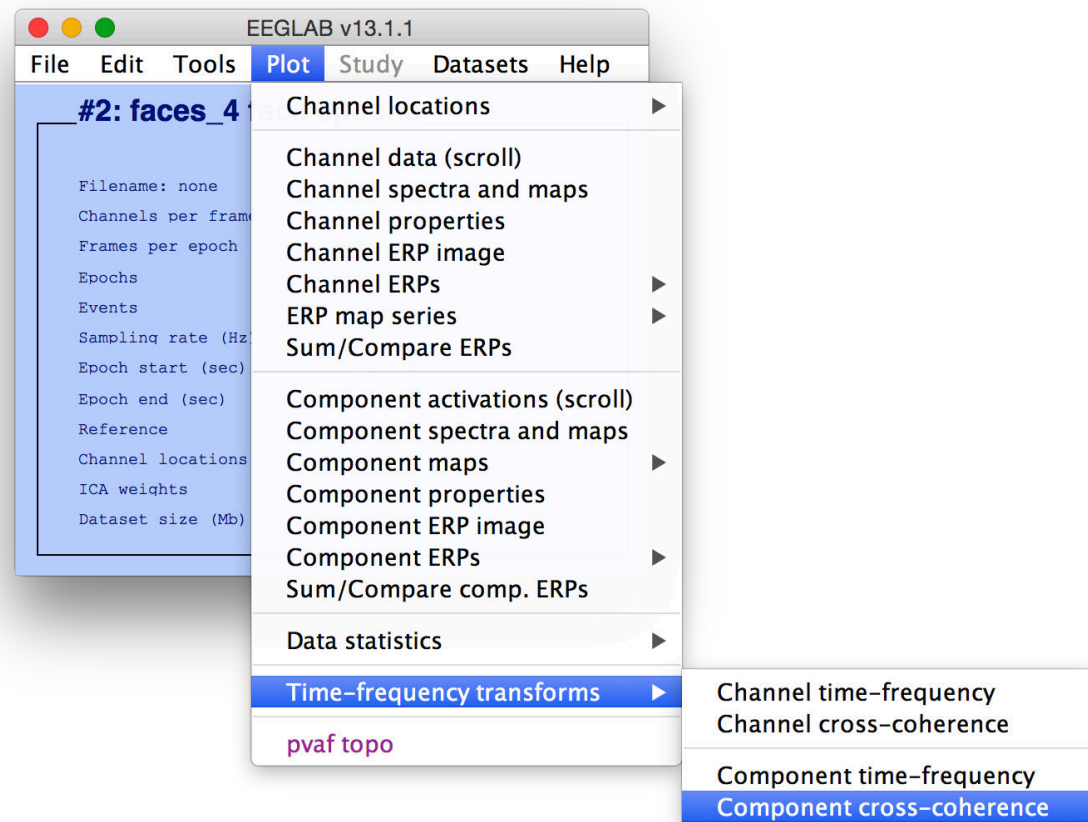




# Part 3b: Event Related Coherence

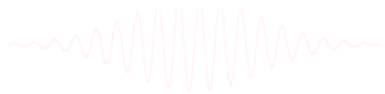
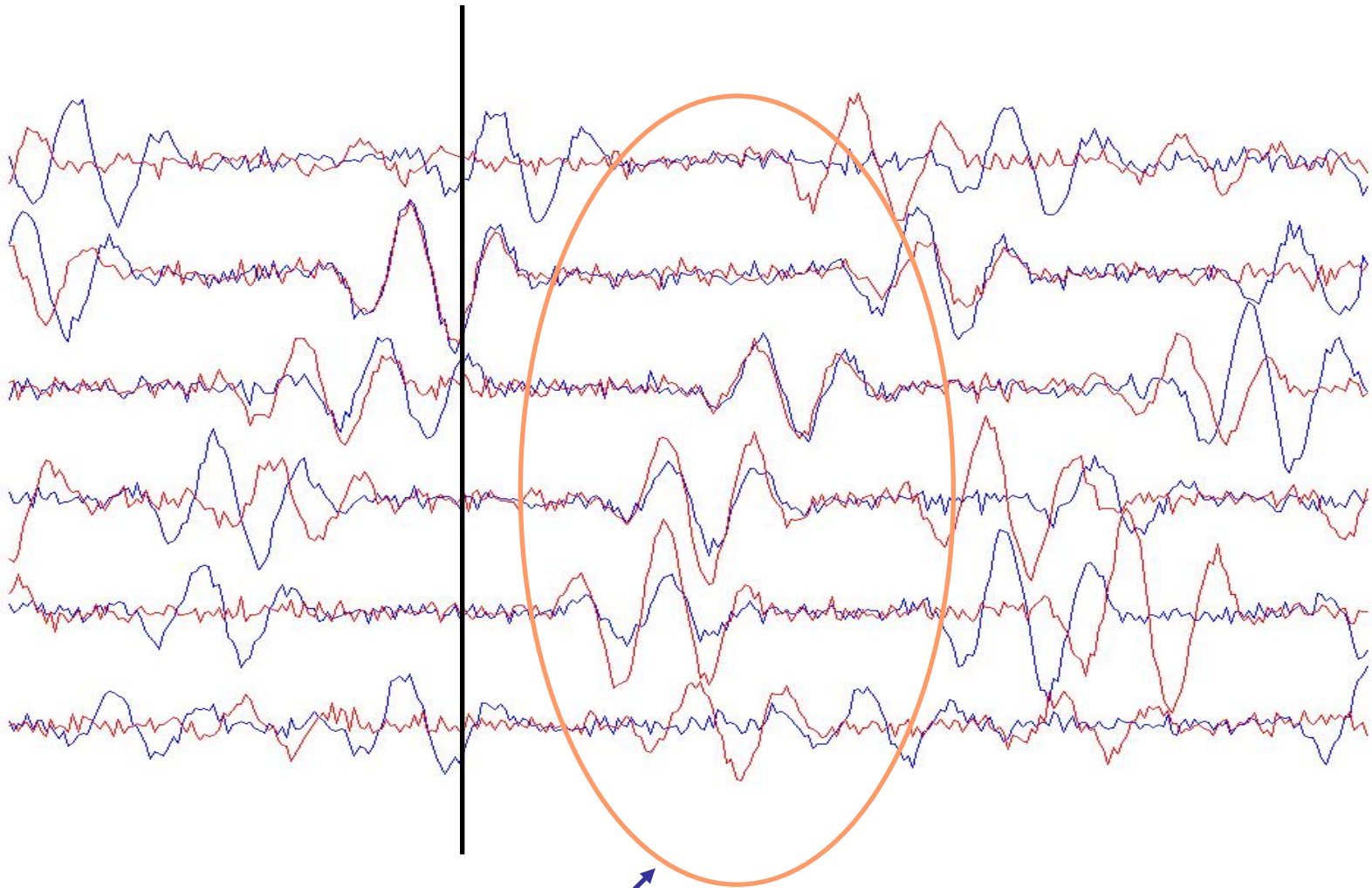
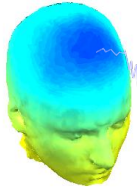


- Goal: How similar is the event-related response of two signals
  - Typically between channels (problematic due to volume conduction)
  - or between ICs





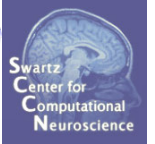
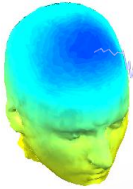
# TWO SIMULATED THETA PROCESSES



**Event-related  
Coherence**



# Try it!



Plot component cross-coherence -- pop\_newcrossf()

First component number

Second component number

Epoch time range [min max] (msec)

Wavelet cycles (0->FFT, see >> help timef)

[set]->log. scale for frequencies (match STUDY) ☐

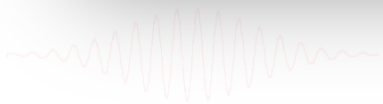
[set]->Linear coher / [unset]->Phase coher ☐

Bootstrap significance level (Ex: 0.01 -> 1%)

Optional timef() arguments (see Help)  [Help](#)

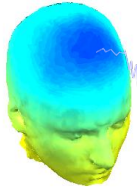
☒ Plot coherence amplitude ☒ Plot coherence phase

[Help](#) [Cancel](#) [Ok](#)





# Event-Related Coherence Exercise



- Examine event-related coherence between two ICs
  - Which pair did you pick, and why? What do you predict?
  - What did you learn?
- Explore other options:
  - Significance threshold
  - Figure out how to subtract a baseline
  - Phase vs. Linear Coherence

